

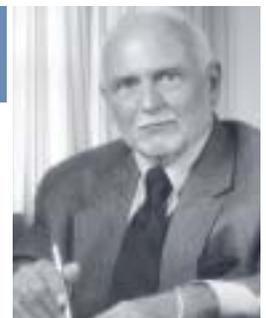
To: Community Representatives

From: Thomas Gallagher, Ph.D., Director
Office of Community Liaison
National Institutes of Health (NIH)

Date: July 2003

NOTES FROM THE DIRECTOR, OFFICE OF COMMUNITY LIAISON

NIH perimeter and vehicular fence construction are both under way with a completion date estimated at sometime late this summer. However, the ongoing rain has greatly slowed the project. When completed, the perimeter fence will surround the entire campus, but the vehicular fence will be installed only in those areas in need of additional strengthening. The pedestrian and vehicular gates will remain under construction throughout the fall and will not be operational until sometime shortly after the first of the year. Until all gate construction is completed, all gates will remain open, and the NIH campus will remain accessible to pedestrian traffic.



Thomas Gallagher, Ph.D.

Boulders have been distributed around the campus and will be used to reinforce the vehicular entry points. Each boulder is about 36 inches high and 3- to 5-feet wide and will be reinforced with steel bollards. As the gates are completed, the boulders will be set to grade and landscaped. Boulders will also be placed on the NIH property at the point where Maple Ridge meets Rosewood Drive. Maple Ridge and Rosewood Drive is not a vehicular entrance (it is the spot of origin of a path leading to a pedestrian gate); however, it is a point where a vehicle could conceivably attempt to breach the fence so the boulders will serve to harden the security in that area. Once landscaped, the entrance should be quite attractive.

The path of the fence along Old Georgetown, West Cedar and Rockville Pike is relatively straight, but along the southern side of the NIH campus the fence line is pulled more closely into the campus. Along the south edge of the NIH campus, the fence will follow the outline of the temporary parking lots with a 12-foot setback from the lots to allow for snow removal. Twelve feet originally seemed like a large setback, but last winter's snow indicated that it will barely be adequate. In this same area, the bike path will be constructed 10 to 20 feet from the fence and will run parallel to the fence. From Maple Ridge and Rosewood Drive down to the existing opening in the chain link fence to the apartments, there will be a cable vehicular barrier heading east for about 120 feet. In this area, the bike path and the fence will be approximately 160 to 200 feet from the cable barrier and the old chain link fencing.

(continued on page 2)

The Community Liaison Council will hold its next meeting on **Thursday, July 17, at 4 p.m.**, in Conference Room D, Natcher Conference Center, Building 45 on the NIH Campus.

(continued from page 1)

A decision has not yet been made about installing a vehicular gate at West Drive and West Cedar. There will be a pedestrian entrance at this location, but a feasibility study is under way about the vehicular gate. If a vehicular gate is approved at this location, it will serve as an entrance only for those traveling to the Clinical Research Center and the Children's Inn.

One of the most nagging and ongoing problems which the CLC has attempted to address is non-residents parking in nearby neighborhoods. Obviously, a great deal of this parking is no doubt connected with NIH. However, NIH has no enforcement jurisdiction off the NIH campus, and public roads are, by definition, public and parking is available for all. NIH continually works to discourage NIH contractors from parking in local neighborhoods, but with only limited success. Walter Mitton, an OCL staff member, presented a plan for how neighbors can legally restrict parking in the neighborhoods. The outline and important phone numbers will soon be posted on the OCL Web site.

Lesley Hildebrand, a CLC representative, and I are organizing a joint community/NIH study of pedestrian traffic across the NIH campus to the Metro Station. Planning will take place over the next several months, and the survey will begin in mid to late September continuing for approximately one month. Ms. Hildebrand and I will be seeking volunteers to help with the count.

NIH CAMPUS NEWS AND ACTIVITIES

NIH Launches Study on Herbal Supplement Use for Minor Depression

This past spring, NIH launched a four-year research study to determine the safety and effectiveness of St. John's wort, a common herbal supplement used to treat minor depression, and citalopram, a standard antidepressant, compared to placebo. The study plans to enroll 300 participants with minor depression to compare changes in mood for those given an extract of St. John's wort, citalopram or placebo. Researchers will assess changes in patient's symptoms, functioning and quality of life.

Sponsored by the National Institute of Mental Health (NIMH), the National Center for Complementary and Alternative Medicine and the Office of Dietary Supplements, the clinical trials are being conducted in Boston, Los Angeles and Pittsburgh.

Minor depression is a common disorder that may impair a person's quality of life and ability to function effectively. It is also a serious risk factor for major depression. This study will help determine how the herbal agent and the antidepressant fit in the overall management of the disorder.

"If the trial demonstrates that citalopram or St. John's wort benefits patients with minor depression, it will expand our understanding of this under-recognized mood disorder and offer new evidence-based treatment recommendations for either primary care or mental health clinicians," explained Matthew Rudorfer, M.D., associate director of treatment research, Division of Services and Intervention Research, NIMH.

For more information, visit <http://www.clinicaltrials.gov>.

NIH Director Anthony Fauci Honored at Heritage Ceremony

On April 10, Anthony Fauci, M.D., director of the National Institute of Allergy and Infectious Diseases, was honored by the Statue of Liberty-Ellis Island Foundation for his scientific and medical contributions to the American experience, receiving one of five 2003 Ellis Island Family Heritage Awards. All five awardees can trace their family roots through the Golden Door of Ellis Island, NY. The awards were presented by Foundation Founding Chairman Lee Iacocca in a ceremony hosted by football legend and broadcaster Frank Gifford. The other recipients were:

- **Bob Hope** for his contributions to the field of entertainment (accepted by his son, Kelly);
- **Cicely Tyson** for her contributions to the performing arts;
- Baseball legend **Yogi Berra** for his contributions to sports; and
- WWII hero **Abie Abraham** for his government service.

The honorees received a framed copy of the ship's passenger manifest documenting the arrival of their families in America. The Ellis Island Family Heritage Awards are given each year to select Ellis Island immigrants or their descendants for their contributions to America.

NIDA Sponsors Hollywood PRISM Awards

In May, the National Institute on Drug Abuse (NIDA) and other partners presented the 7th Annual PRISM Awards in Los Angeles for the

entertainment industry's accurate depiction of drug, alcohol and tobacco use in entertainment media. Partnering with the Entertainment Industries Council, Inc. and the Robert Wood Johnson Foundation, NIDA helped honor more than 75 nominees and 20 award winners. In addition to winners in film, television and music, awards were given for community service efforts and for comic books. For more information about these awards or a complete list of winners, visit <http://www.prismawards.com>.

Science in the Cinema Film/Discussion Series Returns to NIH

The NIH Office of Science Education (OSE) is pleased to announce the return of its free film and discussion series, *Science in the Cinema*. For six consecutive Thursdays, beginning July 10, participants can enjoy a popular movie followed by an interactive discussion led by experts on the medical science theme presented in the film. Movies begin at 7 p.m. in the Main Auditorium of the Natcher Conference Center located in Building 45, 45 Center Drive, on the NIH campus in Bethesda. All films and discussions are open to the public and are intended for a broad range of individuals who enjoy the cinema and have an interest in science and medicine. Seating is on a first-come, first-served basis, and all films are shown with captions. Interpreters and real-time captioning are provided for the post-film discussions. Confirmed films and speakers are listed below:

July 10 *Iris* (2001)—A powerful true story about author Iris Murdoch who was robbed of her remarkable talent by Alzheimer's disease.

Discussion led by Judith A. Salerno, M.D., M.S., National Institute of Aging, NIH

July 17 *The Double Helix* (1987)—A fast-paced drama about the discovery of DNA.

Discussion led by Francis S. Collins, M.D., Ph.D., National Human Genome Research Institute, NIH

July 24 *The Great Moment* (1944)—A story of a dedicated doctor who discovers the anesthetizing benefits of ether.

Discussion led by James Conner, Ph.D., National Museum of Health and Medicine

July 31 *Antwone Fisher* (2002)—Tells the story of a troubled sailor with a volatile temper.

Discussion led by Judith Rapoport, M.D., National Institutes of Mental Health, NIH

August 7 *The Hours* (2002)—A drama of three women whose lives are affected by depression and their fascination with the works of Virginia Woolf.

Discussion led by Kay Redfield Jamison, Ph.D., Johns Hopkins University School of Medicine

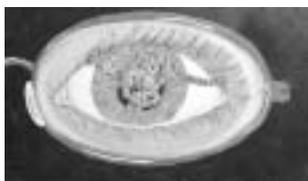
August 14 *First Do No Harm* (1997)—One family's story of strength and courage in a time of extreme crisis when their son is diagnosed with a severe form of epilepsy that does not respond to standard forms of therapy.

Discussion led by Carolyn Bondy, M.D., National Institute of Child Health and Human Development, NIH

For more information, call 301-496-0609 (TTY: call number through Federal Relay Service at 1-800-877-8339) or visit the OSE Web site at <http://science.education.nih.gov/cinema>.

Children Across the Nation Create Their Visions for Eye Health

Children's eyes are their windows to the world and keeping those eyes healthy is a national public health priority. In keeping with this spirit, NIH's National Eye Institute (NEI) recently teamed with the Boys & Girls Clubs of America to sponsor a nationwide Healthy Vision Poster Contest. Using the contest theme of "See All You Can See," children from more than 50 Boys & Girls Clubs created colorful posters to illustrate their unique visions of the importance of sight.



Award-winning artwork

Nine-year-old Tabatha of New Hampshire and 11-year-old Michael of California were the two grand prize winners selected from a pool of 531 entries. NEI awarded each of them a \$100 U.S. Savings Bond and their artwork was used during NEI's Healthy Vision Month celebrated in May.

"Promoting healthy vision is one of the ways we can work together to improve the health of our nation," said U.S. Department of Health and Human Services (HHS) Secretary Tommy G. Thompson. "By using a creative outlet like the Healthy Vision Poster Contest, we raise awareness and educate youth, parents and care givers about the importance of practicing routine eye care and safety."

R&W Sponsors Orioles Bull Pen Party

If you enjoy baseball, then you won't want to miss the NIH Recreation and Welfare Association's (R&W) annual Bullpen Party on Saturday, July 19, 2003. R&W is offering special Baltimore Orioles' game tickets against the Anaheim Angels that allow entrance to Camden Yards approximately two hours prior to the start of the game at 7 p.m. The ticket price includes the game, entrance to the bullpen and a picnic meal. For more information or tickets, call the R&W Activities Desk at 301-496-4600.



NIH Children's Inn Receives \$25,000 Donation from Connie Morella

This spring, the Children's Inn at NIH received a \$25,000 check from one of its staunchest supporters—former Congressional Rep. Connie Morella (R-Md.). Morella donated the proceeds of a tribute dinner held in her honor by local business leaders, friends and supporters for her service and contributions to the region. Spending more than 15 years in Congress, Morella took part in many NIH and Children's Inn events. Her husband has served on the Inn's board of directors since 1994.

NIH CALENDAR OF EVENTS*

July 10
Science in the Cinema Film/Lecture Series: *free movie screening of Iris followed by a discussion of Alzheimer's disease* by Judith A. Salerno, M.D., M.S., National Institute on Aging, NIH, 7 p.m., Main Auditorium, Natcher Conference Center, Building 45, NIH campus, free and open to the public. Films will be shown with captions and interpreters will be available for the discussion. For more information, call the NIH Office of Science Education at 301-496-0609 or visit <http://science.education.nih.gov/cinema>.

July 17
Science in the Cinema Film/Lecture Series: *free movie screening of The Double Helix followed by a discussion of DNA* by Francis Collins, M.D., Ph.D., National Human Genome Research Institute, NIH, 7 p.m., Main Auditorium, Natcher Conference Center, Building 45, NIH campus, free and open to the public. Films will be shown with captions and interpreters will be available for the discussion. For more information, call the NIH Office of Science Education at 301-496-0609 or visit <http://science.education.nih.gov/cinema>.

July 19
NIH Recreation and Welfare Association Orioles Bullpen Party, R&W is offering discounted Orioles game tickets against the Anaheim Angels including early entry to the stadium and a picnic. For more information or tickets, call 301-496-4600.

July 21-22
Physical Disabilities Through the Lifespan, 8:15 a.m.–6 p.m. on Monday, 8 a.m.–5 p.m. on Tuesday, Main Auditorium, Natcher Conference Center, Building 45, NIH campus, free and open to the public. Continuing education credit is offered, and registration is required. For more information or a schedule of events, visit <http://physicaldisabilities.iqsolutions.com> or call Hope Levy Kott at 301-984-1471 for more information.

July 24

Science in the Cinema Film/Lecture Series: *free movie screening of The Great Moment followed by a discussion of ether by James Conner, Ph.D., National Museum of Health and Medicine, 7 p.m., Main Auditorium, Natcher Conference Center, Building 45, NIH campus, free and open to the public. For more information, call the NIH Office of Science Education at 301-496-0609 or visit <http://science.education.nih.gov/cinema>.*

July 31

Science in the Cinema Film/Lecture Series: *free movie screening of Antwone Fisher followed by a discussion of the medical/scientific topic covered by Judith Rapoport, M.D., National Institute of Mental Health, 7 p.m., Main Auditorium, Natcher Conference Center, Building 45, NIH campus, free and open to the public. For more information, call the NIH Office of Science Education at 301-496-0609 or visit <http://science.education.nih.gov/cinema>.*

OTHER NEWS AND ACTIVITIES OF INTEREST

Free Family Entertainment Offered in Rockville This Summer

The city of Rockville is offering a variety of free family entertainment this summer. Now through August 12, community members can enjoy “Kids Parks Performing Arts”—a free entertainment series that rotates to a new neighborhood park each week and offers a variety of performances designed to please all ages. Performances take place from 7:30–8:30 p.m. on Tuesdays. Call 240-314-8682 for more information or rain locations. “Family Arts Night” is a free family musical performance program that takes place on Wednesdays at 7:30 p.m. at Courthouse Square Park in Rockville Town Center. Call 240-314-8681 to verify location in the event of rain. A tentative schedule for both programs is listed below:

Kids Parks Performing Arts

- July 1** **Mark Jaster**—a master mime with live music and audience participation
King Farm Park, Watkins Pond Boulevard at Grand Champion Way
- July 8** **Shizumi & the Kodomo Dancers**—traditional Japanese dancers in costume
Glenview Mansion Formal Gardens,

Rockville Civic Center Park, 603 Edmonston Drive at Baltimore Road

- July 15** **Cantaré**—Latin American rhythms and vocals
College Gardens Park, 615 College Gardens Park
- July 22** **Turley the Magician**
Montrose Park, 415 Congressional Lane
- July 29** **Goombay**—Caribbean music, songs and rhythms
Courthouse Square Park, Rt. 28 (Jefferson Street) and Maryland Avenue
- August 5** **Baba Jamal Koram**—nationally renowned storyteller
Twinbrook Park, 12920 Twinbrook Parkway
- August 12** **Blue Sky Puppet Theatre**—performing an updated version of the classic tale, *The Three Little Pigs*
Potomac Woods Park, 2276 Dunster Lane

Family Arts Night

- July 2** **Mystic Warriors**—world beat, contemporary jazz, and Latin rock
- July 9** **MirMarklezmers**—authentic Klezmer music
- July 16** **Retrospect**—popular dance music from the 1940s to the 1990s
- July 23** **New Line Brass Band**—a mixture of brass band music

Farm Tour Featured in July

Bring the kids to the 13th Annual Montgomery County Farm Tour and Harvest Sale on July 26 and 27 at the Agricultural History Farm Park in Derwood, Maryland. Tour Montgomery County’s scenic farms. Activities include tractor rides, exhibits, displays of farming equipment, food and entertainment. Tours are between 10 a.m. and 4 p.m. each day. Get an early start and have a sausage and pancake breakfast at the park. The Agricultural History Farm Park is located at 18400 Muncaster Road. For more information, call 301-590-2823 or visit <http://www.farmerlink.com>.

Free Summer Concerts Featured at Strathmore Hall Arts Center

Music fills the air this summer at Strathmore Hall Arts Center in North Bethesda during two free outdoor concert series. *Summer Serenades*, which is sponsored by WGMS 103.5, features a variety of classical music performances throughout July. Beginning July 30 and continuing through August, Strathmore presents its *Summer Sounds* outdoor concert series. Blues, fusion, folk and world music are just a few of the featured music types. Concerts take place on the lawn on Wednesdays at 7 p.m. A tentative schedule is listed below. Strathmore is located at 10701 Rockville Pike in North Bethesda and is within walking distance of the Grosvenor–Strathmore Metro station on the Red Line. No pets are permitted. Call 301-530-0540 for more information or visit <http://www.strathmore.org>.

Summer Serenades

- July 2** **The National Chamber Singers**, performing a program of American classics, including works by Gershwin, Bernstein and Copeland
- July 9** **Makoto Nakura**, a Japanese artist of the marimba who turns the stage into a whirlwind of notes accompanied by the clarinet
- July 16** **The Capitol Quartet**, an imaginative saxophone quartet bridging the gap between jazz and classical music
- July 23** **The National Chamber Woodwind Quintet**, performing the “Quintet” by Danish composer Carl Nielsen

Summer Sounds

- July 30** **André Christovam**, a Brazilian guitarist performing a variety of blues, fusion and bossa nova
- August 6** **The Ramón Tasat Ensemble**, performing the music of Spain, Morocco, Greece, Turkey, Iraq and Israel
- August 13** **An Evening with Kevin Roth: This Land Is Your Land**, a sing-along folk concert featuring the mountain dulcimer, piano, banjo and zither

Historic Spanish Ballroom Reopens in Glen Echo Park

Glen Echo Park marks a major milestone this month when its historic Spanish Ballroom—home to social dancing for seven decades—



A vintage view of Glen Echo Park

reopens after a year-long renovation. On July 19, local and federal government officials will join park officials and visitors for a ribbon-cutting ceremony to celebrate the Ballroom’s renaissance and the grand opening of the North Arcade building, the new home of the popular Puppet Co.

Speakers include Senator Paul Sarbanes of Maryland, Montgomery County Executive Douglas M. Duncan, Montgomery County Councilmember Howard A. Denis and other dignitaries. This free event, which features refreshments and roving performers and musical performances, takes place from 11 a.m. to 3 p.m. The park’s newly renovated Dentzel carousel will provide rides throughout the day.

Built in 1933, the Spanish Ballroom has served generations of dance and music lovers. In its early years, it attracted popular bands of the time including Lawrence Welk and Tommy Dorsey, who played to capacity crowds. But in recent years the 70-year-old building had fallen into disrepair. The year-long renovation included both cosmetic and structural improvements, including a restored lounge and concession area, new bathrooms and new accessible lifts. When the building reopens, it will continue to host weekly dances and classes on Fridays, Saturdays and Sundays.

Glen Echo Park is located at 7300 MacArthur Boulevard in Glen Echo, Maryland, six miles northwest of Georgetown along the scenic Potomac River palisades. For further information, call 301-492-6229 or visit <http://www.glenechopark.org>.

Wheaton Holds Free Outdoor Concert Series in July

Beginning July 9, residents of Wheaton can enjoy free outdoor concerts every Wednesday from 7 to 9 p.m. So bring a blanket or chair, and welcome summer with a variety of free music. Sponsored by the Wheaton Urban District, featured music reflects the unique diversity of the surrounding community. Concerts take place across the street from the Mid-County Services Center at 2424 Reddie Drive, between Georgia Ave. and Viers Mill Road. Parking is free after 6 p.m. in the adjacent lot. A tentative schedule is listed below:

July 9	Lox & Vodka, <i>Klezmer</i>
July 16	Itadi Bonney, <i>African</i>
July 23	Potomac Jazz Orchestra, <i>jazz</i>
July 30	Flat Broke, <i>country</i>
August 6	Little Red & the Reptiles, <i>Zydeco</i>
August 13	Tracey Eldridge's "Music 'n Motion," <i>children's entertainment</i>

For more information or in case of rain, call 240-777-8100.

YMCA Offers Summer Classes for Parents

Once again the YMCA and Bethesda Youth Services are joining forces to help parents develop more effective parenting strategies by offering a variety of summer parenting classes. To register, call 301-229-1347 or send an email to parenting@ymcadc.org. A schedule is listed below:

Communicating Success to Children offers effective discipline advice to parents as well as strategies for positively redirecting these behaviors. Topics include effective consequences, listening and communication, power struggles and child responsibility. Sessions are held on Tuesdays from July 15–August 5 from 7 to 8:30 p.m. at the Ayr lawn YMCA, located at 5650 Oakmont Avenue in Bethesda. Registration and materials are \$15.

Family Anger Issues helps parents develop prevention strategies, understand intensity, work out power struggles and tantrums and manage sibling rivalry. Classes are held on Mondays from July 7–28 from 7 to 8:30 p.m. at the Ayr lawn YMCA, located at 5650 Oakmont Avenue in Bethesda. Registration and materials are \$50. Scholarships and couples discounts are available.

Parent Strategies for Dealing with Learning Disabled Children helps parents discover their child's strengths, build a positive self-concept, offer help with social skills and help overcome obstacles. This free seminar takes place on Wednesday, July 9 from 7:30 to 9 p.m. at Davis Library, 6400 Democracy Boulevard in Bethesda. Donations are appreciated.

Strategies for Raising Courageous Children in a Fearful World addresses the anxiety and fears associated with children's interpretations of events and discusses ways to focus on strengths in the face of adversity. This free seminar is scheduled for Wednesday, August 13 from 7:30 to 9 p.m. at the Potomac Library, 10101 Glenolden Drive, in Potomac. Donations are appreciated.

TRY THIS WEB SITE

<http://asianamericanhealth.nlm.nih.gov>

The National Library of Medicine recently launched a special Web site aimed at addressing the specific health needs of Asian Americans. The site provides information on the diseases and health concerns of Asian Americans, including disease statistics for this population. For example, there is a high rate of liver cancer among Asian Americans and lung cancer is their leading cause of death. The site also provides links to traditional and alternative medicine sources, access to related health publications and links to other professional and governmental sources for health information. Visitors to this site can also obtain general information about the diseases and health needs of this population.

VOLUNTEER OPPORTUNITIES

Healthy Women Needed

Researchers at the National Institute of Child Health and Human Development are looking for healthy women to participate in a research study of normal female reproduction. Eligible participants must be under the age of 35, not using birth control pills or other hormones, have normal menstrual cycles and not have a history of fibroids, infertility or endometriosis. Two short visits to NIH are required. For more information, call 1-800-892-3276.

Cancer Patients Needed for Study

Doctors at the NIH need cancer patients to take part in a transplant study. If you are between the ages of 55 and 75 and have leukemia, lymphoma or MDS, you may be eligible to participate in this study. Call 1-800-411-1222 or TTY: 1-866-411-1010 for more information.

Twins Wanted for Rheumatic Diseases Study

The National Institute of Environmental Health Sciences (NIEHS) is seeking twins or close brothers or sisters for a study to identify the causes of a series of systemic rheumatic diseases. Specifically, NIEHS is looking for families where one twin or one pair of close brothers or sisters has rheumatoid arthritis, polyarticular juvenile rheumatoid arthritis, lupus, systemic sclerosis or idiopathic inflammatory myopathy, an autoimmune muscle disease, and the other twin or pair of brothers or sisters does not. To participate, brother and sister pairs must be within 47 months of age of one another. For more information, call 1-800-411-1222 or TTY: 1-866-411-1010.

Turner's Syndrome?

If Turner's Syndrome is affecting you or someone you know, call 1-800-411-1222 or TTY: 1-866-411-1010 to learn how you can participate in a study at the NIH. There is no fee to participate.

The OCL Update is available on our Web site at <http://ocl.od.nih.gov>. If you would rather view this document online and not receive a printed version, please contact the OCL office at 301-496-3931. If you would like to list an upcoming event of interest to the local community, call Terry LaMotte at Palladian Partners, OCL support contractor, at 301-650-8660, or send her an e-mail at tlamotte@palladianpartners.com.

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