

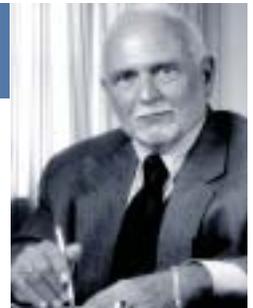
To: Community Representatives

From: Thomas Gallagher, Ph.D., Director
Office of Community Liaison
National Institutes of Health (NIH)

Date: December 2003

NOTES FROM THE DIRECTOR, OFFICE OF COMMUNITY LIAISON

After eight months of hard work and a considerable amount of well-spent federal dollars, the Building 33 risk assessment is now complete. An executive summary of the risk assessment results was presented to the Community Liaison Council (CLC) at the November CLC meeting. The risk assessment was performed by Council Rock Consulting, Inc., an independent consulting firm based in Rio Rancho, New Mexico. Two CLC members and one community at-large representative were asked to sit on the risk assessment committee. All three of these members had voiced opposition to Building 33 prior to being asked to join the committee. The purpose of the risk assessment committee was to articulate the questions that were to be investigated during the assessment and to approve the assessment methodology. The committee was encouraged to make the assessment as rigid as possible.



Thomas Gallagher, Ph.D.

Early on in the assessment process it was agreed to use worst-case scenarios. For example, out of the long list of events that could go wrong in a laboratory (all things being possible if not probable), the committee chose to test a thorough list of events that ranged from the possible (a lab technician trips and drops a test tube containing a pathogen within the laboratory) to the immensely improbable (theft, attack on the building, failure of systems, etc., all happening simultaneously). The more extreme scenarios modeled in the assessment *are not credible*; they are barely conceivable, but that was the only way to perform a “worst case” assessment. In short, rather than analyzing “maximum credible events,” as is done by the U.S. military, this assessment analyzed a series of “maximum possible risk” scenarios. This is by far the most stringent model that could be used.

In keeping with this “worst case” methodology for purposes of assessment, it was decided to model anthrax spores as the pathogen released in the scenarios to evaluate the risk. Anthrax was chosen because of all the pathogens that may be used within a Biosafety Level-3 (BSL-3) laboratory, in spore form, it has the highest potential for creating a threat to public health based on its ability to be aerosolized and its natural resistance to inactivation in the environment. So the critical impact considered in the study is the possibility

(continued on page 2)

The Community Liaison Council will hold its next meeting on **Thursday, December 18, at 4 p.m.**, in Conference Room D, Natcher Conference Center, Building 45 on the NIH Campus.

of a pathogenic concentration of anthrax spores (the number of spores which, when inhaled, may cause disease) reaching the surrounding community within 100 meters from the building. This distance was chosen because it is the distance from the building to the NIH fence. In other words, if, during the modeling of any maximum-possible-risk episode, a concentration of anthrax spores sufficient to cause harm to even one person could be modeled as reaching the fence, then the risk tolerance level was exceeded.

The risk assessment was performed using the current Building 33 design, including all proposed security countermeasures. Risk is managed and reduced through the use of countermeasures that may be structural in nature, and/or physical and procedural security measures, all of which act as threat deterrents.

The formula for the risk assessment was this: 1) model the maximum possible risk event(s); 2) using anthrax spores, the pathogen with the highest potential for creating a threat to public health; 3) in a building designed with layers of redundant and overlapping safety and security measures. The numbers of anthrax spores that potentially could be released to the environment as the 16 threat scenarios "played out" were then calculated.

From the "maximum possible risk" analysis performed, it was determined that the countermeasures already planned by the NIH were fully sufficient to prevent any potential public health harm from the operation of the NIAID Building 33 Integrated Research Facility. However, the CLC representatives sitting on the committee suggested additional countermeasures to the list recommended by the consulting firm. Although most of the consulting firm's suggestions were already incorporated into the Building 33 design, NIH officials will be researching and reviewing the assessment committee's recommendations for inclusion.

The Building 33 Risk Assessment Executive Summary is available to the public on the OCL Web site at <http://ocl.od.nih.gov>.

NIH CAMPUS NEWS AND ACTIVITIES

NIH Director Dr. Zerhouni Wins 2003 Diversity Leadership Award

In October, NIH Director Elias A. Zerhouni, M.D., received a CEO Leadership Award for Diversity Best Practices in recognition of NIH's efforts to ensure a diverse medical research workforce. Dr. Zerhouni was the only federal government recipient out of the 10 awardees. The Diversity Best Practices Award is primarily given to business leaders who promote equal opportunity within the workplace. The presentation was made at the 2003 National Diversity Award Gala.

"I am fully committed to ensuring that NIH maintains its position as the premier biomedical research institution in the country for people of all backgrounds," said Zerhouni. "If we are to uphold our reputation for excellence, each and every employee must work together to make NIH the employer of choice for the best talent in the field."

With close to 18,000 employees, approximately 6,300, or 35 percent, represent ethnic minorities in the United States. NIH also has another 1,700 visiting fellows representing countries across the globe, which adds to the diverse mix of cultures and nationalities found at NIH.

"NIH respects the diversity an individual brings to the workplace and the scientific process," said Zerhouni. "We need to continue to train, recruit and retain the best talent in biomedical research because, in the final analysis, it is always the creative spark of the unique individual that leads to new knowledge and real progress, wherever that individual comes from."

Zerhouni, born in Algeria, has made outreach to diverse communities a cornerstone of his leadership. Since his directorship began in 2002, he has increased efforts to recruit minority staff members, supported scholarship programs at historically minority-based educational institutions and increased NIH's commitment to better understand and communicate about racial disparities in health care.

Manchester String Quartet Offers Free Monthly Concerts at NIH

Don't miss the delightful sounds of the Manchester String Quartet this season as it again gives free monthly concerts on the NIH campus. Entering its 15th season, the quartet will perform a variety of classical music on select Mondays at 12:30 p.m. in Masur Auditorium, Building 10 on the NIH campus in Bethesda, Maryland. A tentative schedule is listed below. For more information, call Sharon Greenwell at 301-496-4713 in the NIH Visitor Information Center.

December 8, 2003

Deak "Lucy and the Count"

Dvorak Bass Quintet in G Major, opus 77

January 26, 2004

Dvorak Quartet in F Major, opus 96 "American"

Ives Quartet #1 "A Revival Service"

February 9

Barber Quartet, opus 11

Janacek Quartet #2 "Intimate Letters"

March 22

Britten Quartet #2 in C Major, opus 36

April 5

Shostakovich Quartet #9 in E flat Major, opus 117

May 10

Bartok Quartet #5

NIH Launches Web Site for Seniors

NIH recently launched a new Web site aimed to meet the needs of older adults. NIHSeniorHealth.gov (<http://www.nihseniorhealth.gov>) is a talking Web site developed by the National Institute on Aging (NIA) and the National Library of Medicine (NLM) to encourage older people to use the Internet as a resource for health information. The site features health information tailored to seniors, makes access and navigation easy and is designed to facilitate its use by those who may be visually impaired.

"The way in which people think, learn and remember changes with age," said Richard J. Hodes, M.D., director of the NIA. "This new Web site is based on the latest research on cognition and aging and should prove to be an accessible and understandable way for seniors to find information about their health."

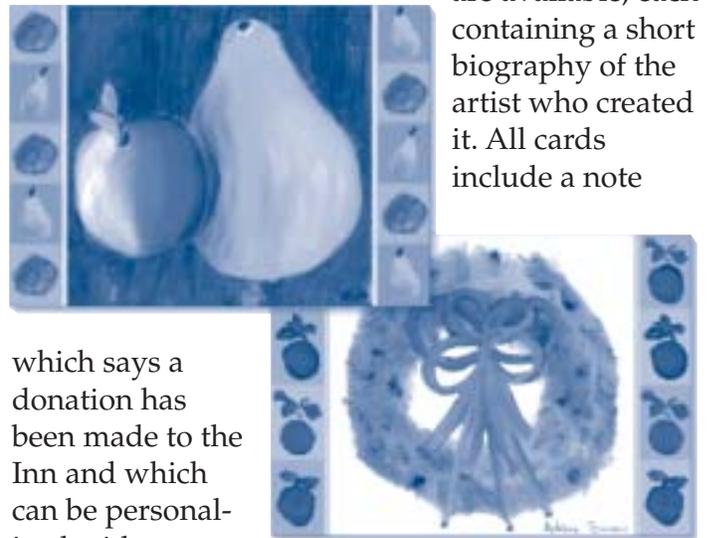
"The use of the Internet for health information is increasing dramatically," said Donald A.B. Lindberg, M.D., director of the NLM. "But the small type, low contrast and difficulty in navigating around many sites have been obstacles for seniors. NIHSeniorHealth.gov corrects many of those problems, as well as providing health information that is the best that NIH can offer."

The site features large print and short, easy-to-read segments of information offered in a variety of formats. The pages are consistent and are organized around health topics of interest to older adults, including Alzheimer's disease, arthritis, breast cancer, hearing loss, lung cancer and prostate cancer.

Holiday Cards Benefit the Children's Inn at NIH

Capture the joy of the holiday season with cards illustrated by the extraordinary children of The Children's Inn at NIH. Though they may have chronic or life-threatening illnesses, these children are still able to appreciate the wonder of the holidays. Experience the season as seen through the eyes of these special children. Several types of cards

are available, each containing a short biography of the artist who created it. All cards include a note



which says a donation has been made to the Inn and which can be personalized with your family or company name. Cards range in price depending on the quantity ordered. Hurry and place your order now. Personalized orders must be received by December 8 and regular orders by December 10 for delivery on December 15. The Children's Inn is a private, non-profit family-centered residence for pediatric patients at the NIH. For more information or to order cards, call Anne Swire at 301-451-9453.

Credit: The Children's Inn at NIH

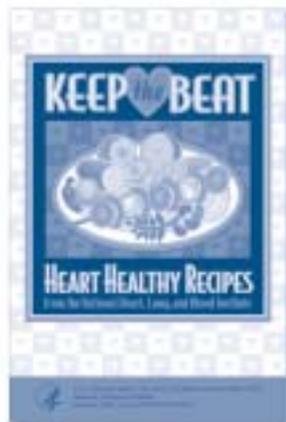
NIH Orchestra Holds *Messiah Sing-Along*

On Sunday, December 7, 2003, the NIH Community Orchestra and the Bethesda Little Theater invite the community to join them in an NIH holiday tradition—the *Messiah Sing-Along*. The seventh annual holiday show, which features a variety of music from Handel's *Messiah*, will take place at 3 p.m. in the Figge Theater at Georgetown Preparatory School located at 10900 Rockville Pike in North Bethesda, Maryland. All members of the community are welcome to participate, and sing-along music is available as a free download from the orchestra's Web site at <http://www.gprep.org/~music/nih>. Admission is \$10 for adults, \$5 for students and seniors and free for children under 12. Proceeds from the performance benefit NIH charities. The NIH Community Orchestra, composed of NIH employees and community members, was started to give Bethesda area musicians an opportunity to learn and perform some of the best ensemble and orchestral repertoire from the Renaissance period. For more information, visit the Web site listed above.

NHLBI Debuts New Heart Healthy Cookbook for the Holidays

Show your family and friends that you care about their health this holiday season by sampling a few of the healthy recipes found in *Keep the Beat: Heart Healthy Recipes from the National Heart, Lung, and Blood Institute* (NHLBI) at NIH. This colorful new cookbook addresses heart disease by offering a collection of simple recipes and cooking tips based on years of research, clinical studies and educational programs.

"These quick and easy recipes, which are based on the science of heart-health, are geared for the whole family. They are reminiscent of the wonderful food you might find on your grandmother's table," said Karen Donato, S.M., R.D., coordinator of NHLBI's Obesity Education Initiative.



The 145-page book contains tasty recipes from appetizers to desserts, including homemade turkey soup, candied yams, crunchy pumpkin pie and winter crisp. All recipes are lower in saturated fat, cholesterol and sodium, and come complete with detailed nutritional information.

The cookbook also offers an abundance of useful information, such as how to read nutrition labels, what a serving size really is and simple substitutions that are heart-friendly.

Keep the Beat can be downloaded free of charge at http://www.nhlbi.nih.gov/health/public/heart/other/ktb_recipebk/index.htm. Printed copies are available for \$4 each through the Web site or from the NHLBI Information Center at P.O. Box 30105, Bethesda, MD 20824-0105, or at 301-592-8573 or 240-629-3255 (TTY). To learn more about heart health, visit NHLBI online at <http://www.nhlbi.nih.gov>.

NLM Profiles in Science Web Site Adds Papers of Florence Sabin

As part of its continuing *Profiles in Science* online exhibit, the National Library of Medicine (NLM) recently added the papers of renowned anatomist and medical researcher, Florence Sabin, M.D. (1871–1953). The exhibit can be viewed at <http://profiles.nlm.nih.gov/>.



Sabin speaking at Hobart and William Smith College, after receiving the Elizabeth Blackwell Award in 1949.

Dr. Sabin was well recognized during her lifetime for excellent work in the areas of tuberculosis pathology, the origins of the lymphatic system and on blood and immune system cells. An American trailblazer for women scientists, Sabin was the first woman to hold a full professorship at Johns Hopkins School of Medicine, the first woman elected to the National Academy of Sciences and the first woman to head a department at the Rockefeller Institute for Medical Research. Even in her retirement years, she continued to pursue her love of health and science as a public health activist in Colorado, receiving a Lasker Award in 1951.

“Dr. Sabin was an extraordinary scientist and made significant contributions to several fields of medical science,” said Dr. Alexa McCray, who heads the *Profiles* project at NLM. “She spent one medical life as researcher at prestigious medical institutions and upon retirement began another medical career as a public health official.”

The *Profiles* exhibit, which features correspondence, published articles, reports and photographs, is designed to introduce you to the various phases of Sabin’s distinguished scientific career and professional life. Launched in 1998, the *Profiles in Science* online exhibit includes research papers from 10 other renowned scientists: Fred L. Soper, Christian B. Anfinsen, Oswald T. Avery, Julius Axelrod, Donald S. Fredrickson, Joshua Lederberg, Barbara McClintock, Marshall W. Nirenberg, Linus Pauling and Martin Rodbell.

NIH CALENDAR OF EVENTS*

December 9
NIH Office of Research on Women’s Health 2003 Women’s Health Seminar Series: *Boning Up on Osteoporosis: Emerging Therapies for Prevention and Treatment*, 1–3 p.m., Masur Auditorium, Building 10, NIH campus, free and open to the public. For more information, call 301-402-1770.

December 10
NIH Director’s Wednesday Afternoon Lecture Series: *Functional Proteomics: Methods Development and Applications to Signal Transduction* by Natalie G. Ahn, Ph.D., University of Colorado, Boulder, 3–4 p.m., Masur Auditorium, Building 10, NIH campus, free and open to the public. CME credit is available. For more information, call Hilda Madine at 301-594-5595 or visit <http://www1.od.nih.gov/wals/schedule.htm>.

NLM History of Medicine Seminars for 2003: *Not a Dime Museum, Not an Anatomical Museum, but a National Medical Museum: The Army Medical Museum as a Federal Institution, 1860s-1920s* by Dr. James O’Conner, 2–3:15 p.m., Conference Room B, Building 38, NIH campus, free and open to the public. For more information, call the National Library of Medicine’s History of Medicine Division at 301-594-5983 or visit http://www.nlm.nih.gov/hmd/seminars_2003.html.

December 11
NIH Work/Life Center Faces & Phases of Life Seminar Series: *What to Do When Life Throws You a Curve Ball*, noon–1:30 p.m., Conference Room 10, 6th Floor, Building 31-C,

NIH campus, free and open to the public. Pre-registration is required. For more information, call the Work/Life Center at 301-435-1619 or visit <http://wflc.od.nih.gov/faces.asp>.

December 14
Foundation for Advanced Education in the Sciences (FAES) Music Series: *Concertante*, 4 p.m., Landon School Mondzac Performing Arts Center, 6101 Wilson Lane, Bethesda, \$25. For more information, call 301-496-7976 or visit <http://www.faes.org/music.htm>.

December 15
NIH Neuroscience Seminar Series: *Encoding Social Signals in Mammalian Chemosensory Systems* by Lawrence C. Katz, Ph.D., Duke University Medical Center, noon–1 p.m., Lipsett Amphitheater, Building 10, NIH campus, free and open to the public. Continuing medical education (CME) credit is offered. For more information, call Peggy Whittingham at 301-435-2232 or visit <http://neuroseries.info.nih.gov/schedule.asp>.

December 16
NIH Work/Life Center Faces & Phases of Life Seminar Series: *The Federal Job Application/Hiring Process*, noon–2 p.m., Conference Room 6, 6th floor, Building 31-C, NIH campus, free and open to the public. Pre-registration is required. For more information, call the Work/Life Center at 301-435-1619 or visit <http://wflc.od.nih.gov/faces.asp>.

December 17
NIH Director’s Wednesday Afternoon Lecture Series: *Getting Across the Membrane: Structural Studies of Channels and Transporters* by Douglas C. Rees, Ph.D., California Institute of Technology, 3–4 p.m., Masur Auditorium, Building 10, NIH campus, free and open to the public. CME credit is available. For more information, call Hilda Madine at 301-594-5595 or visit <http://www1.od.nih.gov/wals/schedule.htm>.

NIH Mobile Mammography Screening by the George Washington University Breast Care Center for NIH employees and family members, contractors, volunteers and others associated with NIH, 9:30 a.m.–3:45 p.m. by appointment only, Building 45, NIH campus, \$140. For more information or to make an appointment, call 202-741-3020.

December 18
Behavioral and Social Sciences Research Lecture Series: *The Long Arm of Childhood: The Influence of Early Life Conditions on Adult Morbidity and Mortality* by Mark D. Hayward, Ph.D., Pennsylvania State University, 3–4 p.m., Room C, Neuroscience Building, 6001 Executive Blvd., Rockville, free and open to the public. For more information, call Ronald Abeles at 301-496-7859 or visit http://obsr.od.nih.gov/bssrcc/BSSRLectures_Fall03.htm.

*Calendar items subject to change. Call to confirm your event.

OTHER NEWS AND ACTIVITIES OF INTEREST

Gaithersburg Opens Eighth Season of Winter Lights at Seneca Creek State Park

Experience a magical holiday winter wonderland at the eighth annual Winter Lights festival at Seneca Creek State Park in Gaithersburg, Maryland. Now through January 3, visitors to the park can embark



Credit: The City of Gaithersburg

on a 3.5 mile drive through more than 300 lighted displays, 60 of which are animated. See leaping fish, shimmering snowflakes, a flying eagle, bears in snowball fights, and much more.

Theme areas include the Winter Woods where nature comes alive, Teddy Bear Land with bears getting into mischief, ice skaters in Victorian Village and Santa at the North Pole. In keeping with the holiday spirit, proceeds from the event benefit local charities.

Winter Lights is open Sunday through Thursday, from 6 to 9 p.m., and Friday and Saturday, from 6 to 10 p.m. (except for December 25). Admission is \$10 for cars, \$25 for 15-passenger vans and \$50 for buses. Seneca Creek State Park is located at 11950 Clopper Road. For more information, call 301-258-6350 or visit <http://www.ci.gaithersburg.md.us/winterlights>.

Roundhouse Theater Offers Holiday Shows in Bethesda, Silver Spring

The Roundhouse Theater, with venues in Bethesda and Silver Spring, is offering two comical holiday shows this month. In Bethesda, theater-goers can enjoy *A Broadway Christmas Carol*—a delightful parody of your favorite holiday show tunes while telling the classic Dickens tale. Open from December 17–28 for its sixth consecutive season, Roundhouse officials promise “a little song, a little dance, a little egg nog down your pants!” Tickets are \$30.

At the Silver Spring theater, community members can join in a special evening of comic and traditional holiday cabaret songs. *Not Another Holiday Show* will be presented on December 19, 20 and 21. Tickets are \$30. For information about either show or to buy tickets, call the Roundhouse Theatre box office at 240-644-1100 or visit <http://www.roundhousetheater.org>.

Suburban Hospital Offers Free Health Seminars to the Community

Suburban Hospital is offering a variety of free health seminars this month to community members on topics such as chronic lung diseases, bowel disease and staying young as you age. Seminars are free and open to the public and are held at various locations listed below. To register or for more information, call 301-896-3939. The seminar schedule for December follows:

December 10, 1 p.m.

What's Up Down There?

A colorectal surgeon discusses the signs and symptoms of bowel disease, hemorrhoids, fissures and treatments.

Friendship Heights Community Center, 4433 S. Park Avenue., Chevy Chase, Maryland

December 18, 1 p.m.

Stay Young While You Age

Doctors describe “aging gracefully” as it relates to bone density, muscle strength, memory and mental health, offering tips on how to reduce common problems related to growing older.

Hebrew Home of Greater Washington, Wasserman Conservatory, 6121 Montrose Road, Rockville, Maryland

December 18, 1:15 p.m.

How To Make Your Lungs Work Better

Respiratory therapists discuss how breathing techniques can improve oxygen delivery to the cells and help patients with chronic lung diseases be more active.

Holiday Park Community Center, 3950 Ferrara Drive, Wheaton, Maryland

December 18, 1 p.m.

Chronic Lung Diseases*

Doctors review the anatomy and physiology of the lungs and describe what to do when the respiratory system is compromised.

Rockville Senior Center, 1150 Carnation Drive, Rockville, Maryland

*To register for this seminar, call 240-314-8810.

Agricultural Farm Park Holds “Christmas on the Farm”

Join the Friends of the Agricultural History Farm Park for a unique holiday event on December 13 and 14. From noon to 8 p.m. “Christmas on the Farm” features holiday hayrides, carolers and hand-made gifts. Bring a camera and have your picture taken in an old-time sleigh, enjoy a wagon ride pulled by “reindeer” mules and sing Christmas carols while exploring the farm. Visitors can enjoy organ music, hot cider and gingersnap cookies in the farmhouse before going on a candlelight hayride in the evening. Christmas on the Farm is free, though some events charge a fee. Reservations are suggested for the hayrides. The park is located at 18400 Muncaster Road in Derwood, Maryland. For more information, call 301-670-4661.

Holiday Happenings in the Area

Listed below is a brief calendar of upcoming holiday events during the month of December:



December 1–January 4

Garden of Lights, a walk through non-denominational light display featuring plants, animals and fountains, 5:30–9:30 p.m., Brookside Gardens, Wheaton, MD, \$15 per car. Call 301-962-1453 or visit <http://www.brooksidegardens.org> for more information.

December 5–January 1

Festival of Lights, outdoor lights and live nativity scene with music each night in theater, 10 a.m.–10 p.m., Washington DC Temple Visitor’s Center, Kensington, MD, free. For more information, call 301-587-0144.

December 6, 13

Bethesda’s Winter Wonderland, winter festival with caroling, music and performances by local school groups and visit from Santa, 1–3 p.m., Veteran’s Park, Bethesda, MD, free. Call 301-215-6660 or visit <http://www.bethesda.org> for more information.

December 6–7, 13–14, 20–21, 27–28

Holly Trolleyfest, Santa visits trolley riders,

noon–5 p.m., National Capital Trolley Museum, Colesville, MD, \$3. Call 301-384-6088 or visit <http://www.dctrolley.org> for more information.

December 6, 7, 13, 14

The Nutcracker, performed by the Rockville Civic Ballet, 2:30 and 7:30 p.m. on 12/6 and 12/13, 1 and 4:30 p.m. on 12/7 and 2:30 p.m. on 12/14, F. Scott Fitzgerald Theatre, Rockville, MD, \$8. Visit <http://www.rockvillemd.gov> or call 240-314-8690 for more information.

BAPA’s Imagination Stage Presents Miss Nelson Has a Field Day

BAPA’s Imagination Stage welcomes back Miss Nelson and Viola Swamp in a musical comedy by “Mrs. Foggybottom” herself, Joan Cushing. In *Miss Nelson Has a Field Day*, which runs through January 11, the kids of Smedley Elementary take to the football field, where they are regularly defeated until Miss Nelson and her alter ego Miss Viola Swamp are recruited to whip them into shape. It is there that they learn the importance of teamwork, empathy and respect. Performances takes place on weekends at 12:30 and 3:30 p.m. at BAPA’s new professional theater located at 4908 Auburn Avenue in downtown Bethesda. The play is recommended for children age 4 and older. Tickets are \$7.50–\$10. For more information, call 301-280-1660 or visit <http://www.imaginationstage.org>.

TRY THIS WEB SITE

http://www.niams.nih.gov/index_espanol

NIH’s National Institute of Arthritis and Musculoskeletal and Skin Diseases (NIAMS) recently launched a new Spanish-language Web site to provide health education and research information to the Hispanic community. In particular, *en Español* provides detailed health information on a variety of diseases of interest to the institute, such as arthritis, rheumatic diseases and disorders of bone, skin, muscle and connective tissue. The Spanish site, which follows the same design as the English version, allows users to explore current research, grants and clinical trials on the NIAMS Web site. Information on the institute’s mission, budget and leadership is also accessible.

Volunteer Opportunities

NIH Blood Bank Needs All Blood Types

Give the gift of blood this holiday season and help the NIH Clinical Center meet all of its patients' transfusion needs. All blood types are currently needed. Blood collection hours are by appointment on Tuesday through Friday from 7:30 a.m. to 5:30 p.m. To see if you are eligible or for more information about donating, call 301-496-1048 or visit <http://www.cc.nih.gov/dtm/index.htm>.

Rheumatoid Arthritis Study

Tell us your rheumatoid arthritis story by participating in a medical research study at the NIH. You must be 18 years old or older and diagnosed with rheumatoid arthritis. All study-related tests are provided at no cost, and you will be compensated for

your participation. For more information or to participate, call 1-800-411-1222, TTY: 1-866-411-1010. You may also send e-mail to prpl@cc.nih.gov.

Stroke Study Needs Healthy Children and Mothers

Scientists at the National Institute of Neurological Disorders and Stroke (NINDS) need children under the age of 18 or their mothers to participate in a research study designed to measure the frequency of several specific blood-clotting abnormalities in children with a history of stroke and porencephaly (pockets/cavities within the brain). Data collected from this study will be compared to statistics of these conditions in the rest of the population. Participation involves one visit to the NIH campus in Bethesda, and volunteers will be compensated. For more information, call 1-800-411-1222, TTY: 1-866-411-1010 and refer to study # 99-N-0045.

The OCL Update is available on our Web site at <http://ocl.od.nih.gov>. If you would rather view this document online and not receive a printed version, please contact the OCL office at 301-496-3931. If you would like to list an upcoming event of interest to the local community, call Terry LaMotte at Palladian Partners, OCL support contractor, at 301-650-8660, or send her an e-mail at tlamotte@palladianpartners.com.

Office of Community Liaison

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