
OC Update



To: Community Representatives

From: Janyce Hedetniemi, Director
Office of Community Liaison
National Institutes of Health (NIH)

Date: October 2000

NOTES FROM THE DIRECTOR, OFFICE OF COMMUNITY LIAISON

Six years ago, when the NIH Office of Community Liaison was established, we made a promise to listen more closely to the community and involve their input in planning projects at NIH. As a result of this commitment, my office has established a working relationship with community members to address common goals. The third annual community health forum, ***Share the Health: An Exposition of Health Resources from NIH to Its Neighbors on Saturday, October 21, 2000*** on the NIH campus, is a direct outgrowth of this relationship. Area residents wanted better access to NIH's resources, and we made a pledge to share these resources with the community.

As a national and international leader in biomedical research, NIH is a resource of unlimited information about health promotion and disease prevention. The health forum is an excellent opportunity for us to share our health expertise with you and for you to learn what NIH has to offer in terms of health promotion and disease prevention. Please join us on Saturday, October 21, 2000, as we showcase a sample of what NIH has to offer—all for free! (See the article later in this issue for more detailed health forum information or visit <http://health.info.nih.gov/forum2000>.)

As a new feature of this year's health forum, NIH has partnered with the Montgomery County Department of Health and Human Services to offer free health screenings. Not only will area residents be able to learn the importance of disease prevention, but they will also be able to receive their own personal health screenings.

I am also pleased to announce that Francis Collins, M.D., Ph.D., Director of the National Human Genome Research Institute, will give the keynote lunch presentation on the Medical and Societal Consequences of the Human Genome Project. Please use this opportunity to meet him and other leading NIH researchers who will be on hand to answer your health questions.

I look forward to seeing you on October 21st. Be sure to bring the children—learning about good health can never start too early!

The Community Liaison Council (CLC) will hold its next meeting on **Thursday, October 26, at 4:00 p.m.** in Building 1, Room 151 on the NIH campus.

NIH CAMPUS NEWS AND ACTIVITIES

NIH Community Health Forum to Feature Free Health Information, Workshops

The National Institutes of Health wants to share its health resources with you! The NIH Office of Community Liaison is once again opening its doors to provide its neighbors with the latest health information and resources available at NIH. The third annual community health forum, ***Share the Health: An Exposition of Health Resources from NIH to Its Neighbors***, will take place on **Saturday, October 21, 2000 from 8:30 a.m. to 3 p.m.** in the Natcher Conference Center (Building 45) on the NIH campus in Bethesda, Maryland. Health experts will share their knowledge and expertise with the public, showcasing what NIH has to offer in terms of health promotion and disease prevention.

Community members will have the opportunity to participate in free health screenings; collect health information from nearly every NIH institute; visit NIH's Web site and its links to health information sources; attend free health seminars; see computer demonstrations on how to access health information on the Internet; learn how to reduce stress by participating in relaxation workshops; tour the National Library of Medicine and Children's Inn; learn about volunteer opportunities; and hear about efforts to promote health within the community. Children can explore NIH fire and rescue vehicles; see police K-9 dog demonstrations; learn about fire prevention; and discover children's healthy Web sites.

The event features a keynote luncheon presentation by internationally renowned geneticist **Francis Collins, M.D., Ph.D.**, director of the National Human Genome Research Institute, who will speak about the **Medical and Societal Consequences of the Human Genome Project**. He will be joined by leading NIH physicians and

scientists who will discuss the following topics: **Alcohol and the Brain; Cardiovascular Disease Research: A Forward Look; Dry Mouth and Dry Eyes: Could It Be Sjögren's Syndrome?; the Mission and Focus of the National Center for Complementary and Alternative Medicine; Alzheimer's Disease; Women's Health; and Sleep Disorders**. In the afternoon, parenting topics, such as **Learning Disabilities; Child & Adolescent Depression; and An Assessment of Reading Research: Overview of the National Reading Panel, Teaching Children to Read** will be featured. Additional lecture topics may include ear health, health disparities research, and drug abuse.

Forum participants will be able to visit an Internet resource center where experts will provide tutorials and hands-on demonstrations on how to access the health information of their choice, print the results of their searches, and take this and other information with them. Children can also learn about good health through Web sites designed just for them. Experts will be on hand to show them how to access these sites.

In addition, more than 25 NIH institutes, centers, and offices will showcase the latest health information and materials. The Montgomery County Department of Health and Human Services will provide free blood pressure screenings.

Don't miss your opportunity to bring the entire family to NIH—the premier biomedical research facility in the world—on Saturday, October 21st for a day of community health. The Natcher Conference Center is equipped with an infrared system to accommodate those who need sound amplification. Sign language interpretation will be provided. For more information, for reasonable accommodations, or to receive a registration brochure, call Terry LaMotte or Monique Simpson of Palladian Partners at 301-650-8660 (TTY users can call the Federal Relay Service at 1-800-877-8339); send an e-mail to tlamotte@palladianpartners.com; or visit the forum Web site at <http://health.info.nih.gov/forum2000>.



Share the Health

An Exposition of
Health Resources
from NIH to Its Neighbors

NIH Research Festival Begins October 10th

It's that time again. The 14th Annual NIH Research Festival, which showcases the NIH intramural research program, will be held October 10 through 13 on the NIH campus. The festival features plenary sessions, mini-symposia, poster sessions, a postdoctoral job fair, vendors, and special exhibits and events. For more information about the job fair, call 301-402-2174; for more information about the festival, call 301-496-1776 or visit <http://festival2000.nih.gov/>.

Scientists Needed to Record Books for the Blind

Looking for ways to help others? Why not put your scientific expertise to use by recording a book for students with visual, physical, or learning disabilities. The Recording for the Blind and Dyslexic of Metropolitan Washington (RFB&D) is looking for volunteers with a background in microbiology to read science books for the blind and dyslexic this fall. RFB&D volunteers are currently working on *Brock Biology of Microorganisms*. Interested individuals need only donate an hour of their time between the hours of 10 a.m. and 1 p.m. on Tuesdays or Thursdays on the NIH campus. RFB&D staff will train volunteers in using the recording equipment, which is located in Room 2B-31 in Building 31.

"RFB&D has benefitted immensely from the service given by NIH employees over the years," said RFB&D Executive Director Michele Herrington. "In fact, NIH employs more RFB&D volunteers than any other employer in the region." She explained that this relationship was important because many of the student requests for science, math, and technology texts go unfulfilled. Herrington attributes this to a lack of manpower in these areas, the fact that these texts are outdated quickly due to new research, and an increase in students' interest in these areas for employment.

Because studio time at NIH is limited, volunteers with a background in medicine, science, and statistics may also participate at RFB&D's studio in Chevy Chase, Maryland. Located across the street from the Friendship Heights Metro station (just



Biologist Peggy Weston of the National Institute of Allergy and Infectious Diseases records a science book for RFB&D.

two stops from NIH), volunteers can read science-related textbooks between 5:30 and 7 p.m. For more information about the program or to volunteer, call Chris Smith at 202-244-8990 or send her an e-mail at ccsmith@rfgd.org.

NIDA Launches New Youth Anti-Drug Campaign

This fall, the National Institute on Drug Abuse (NIDA) launched a new anti-drug public service campaign called, "Keep Your Brain Healthy. Don't Use Drugs." The release of the nationwide campaign coincided with recent NIDA findings that drug use changes people's brains and that, once addicted, people are often unable to choose to stop using drugs. "Keeping your brain healthy by not using drugs sounds obvious, but public perception of a 'drug user' often creates a false sense of safety," said NIDA Director Dr. Alan I. Leshner. He explained that social or infrequent drug users do not think they are in any danger. "Addictive drugs can so rapidly and dramatically change the brain that the drugs literally take over." To help prevent this pattern, NIDA officials are promoting this slogan to families and children across the country. As a first step, NIDA has produced a series of radio and television public service announcements, in English and Spanish, to help America's youth understand the serious health risks associated with drug abuse. Fact sheets on the health effects of drug abuse can be ordered free of charge from

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1-888-NIH-NIDA (1-888-TTY-NIDA for the deaf) or from NIDA's Web site at <http://www.drugabuse.gov>.

Household Hazardous Waste Pickup Scheduled at NIH

Did work in and around your house this summer and fall leave you with leftover paint, herbicides, and swimming pool chemicals? Instead of putting these materials down the drain or in the garbage, help protect the environment by bringing them to NIH for safe recycling. Household hazardous waste needs to be properly and safely disposed of and Montgomery County can help. Bethesda area residents can bring their household hazardous waste to NIH for disposal from **10 a.m. to 2 p.m. on Saturday, October 21, 2000**. County officials will assist residents in safely disposing of these materials at no charge. Residents can dispose of toxic, flammable, reactive, or corrosive waste that is commonly used or stored at home. Examples of items to bring include liquid oil, latex paint, thinners, solvents, pesticides, fertilizers, fuels, fluorescent bulbs (up to 12), swimming pool chemicals, photographic chemicals, brake fluid, car batteries, nickel-cadmium (Ni-Cd) batteries, and mercury button batteries (used in watches, hearing aids, and calculators). Used oil and antifreeze will also be accepted. Because of county regulations, commercial waste or waste from commercial vehicles will not be accepted. To recycle these materials, enter the NIH campus at Wilson Drive and turn right into the first parking lot (Lot 31H). For more information on the types of items that will be accepted, how to use less toxic materials, or for a map depicting the collection location, call 301-840-2370 or the Recycling Hotline at 301-590-0046 (between 1 and 4 p.m.). Additional information is also available at <http://www.dpwt.com/SolWstSvcDiv/wastereduction/hhw.htm>.

NIH Blood Bank Appeals for Donations

NIH continues to experience a shortage of blood donations. The NIH Blood Bank urgently needs O-negative and O-positive blood types. Call 301-496-1048 or stop by the Department of Transfusion Medicine in Building 10, the Clinical Center, 1st floor, Room 1C713B.

Film Festival Raffle Winners Announced

Congratulations to all of the NIH Outdoor Film Festival raffle winners! In August, more than 25,000 people came to the NIH campus to see 10 great evenings of classic movies and to help raise money for NIH charities. A handful of lucky individuals took a chance in raffles for several exciting prizes. Winners and their prizes follow:

- **Margaret Klessig** of Washington, DC, won two round-trip airline tickets to Jamaica with a 5-day/4-night all inclusive stay for two, compliments of Air Jamaica.
- **Rick Virgin** of Washington, DC, won a weekend getaway at the American Inn of Bethesda.
- **Laura and David Cearnal** of Alexandria, Virginia, won a weekend getaway at the Holiday Inn in Gaithersburg, Maryland.
- **Catherine Law** of Bethesda, Maryland, won a \$50 certificate to the DSW Shoe Warehouse.
- **Brendan Lynch, Kim Donaldson, and Rowena Ahern**, all of Chevy Chase, Maryland, won dinner for two at the Hard Times Café.
- **Gary Leaman** of Gaithersburg, Maryland, won four tickets to the Maryland Renaissance Festival.
- **Sara Walzak and Kenn Devine** won a \$35 gift certificate from LaMiche Restaurant in Bethesda, Maryland.

Medlineplus, NIH Web Sites Get Face Lift

In case you haven't noticed yet, NIH has been hard at work improving several of its Web sites. Largely based upon consumer feedback as well as expert evaluation, NIH has most recently made improvements to its main Web site and to Medlineplus. The redesigned NIH Web site (<http://www.nih.gov>), which was unveiled this summer, easily outlined major information categories and highlighted areas used most often. The new look contains the same information as before, but presents it in a more compact and easier-to-read fashion.

For the past two years, experts at the National Library of Medicine have been collecting feedback from people using Medlineplus (<http://www.nlm.nih.gov/medlineplus>). Expert evaluation, informal

and formal user questioning, and videotaped observation of people using the site for the first time resulted in four noticeable changes: a more attractive and compact home page, five major content areas, a top navigation bar including a search box on every page, and health topic pages that more prominently feature selected links.

These changes follow other recent Web site redesigns, including those of the Clinical Center and of the National Cancer Institute's CancerNet. The redesigned CancerNet (<http://www.cancernet.nci.nih.gov/>) received several distinguished honors and awards this summer. The WWW Health Awards bestowed its Gold Award in the Patient Education Category—its highest honor—to CancerNet and gave it the special honor of Best Site Structure and Navigation. In addition, CIO Magazine honored CancerNet with its 2000 Web Business 50/50 Award, which recognizes the top 50 Internet and top 50 intranet sites that blend the technology and design of their Web site with the needs of their target audience. CancerNet was selected from more than 700 nominated sites.

NIH To Hold Quality of Worklife Fair

Are you familiar with all of the services and benefits that NIH provides its employees? If not, why not attend the NIH Quality of Worklife Fair, "Real People, Real Choices: Quality of Worklife at NIH" on Thursday, October 5, 2000. More than 25 NIH offices and organizations will provide information on quality of worklife programs and services from 10 a.m. to 3 p.m. in the Visitor Information Center in Building 10 on the NIH campus. The event features a keynote presentation by Linda Breen Pierce, author of *Choosing Simplicity: Real People Finding Peace and Fulfillment in a Complex World*, at noon in Lipsett Auditorium in Building 10. For more information, call the Work and Family Life Center at 301-435-1619.

NIH to Hold Photo Competition

Don't miss the NIH Camera Club's annual NIH-wide photo competition on Tuesday, October 10, 2000 in Building 31, Room 6C6. NIH and NOAA employees, their families, and camera club mem-

bers, who are all eligible to participate in the competition, will display a wonderful assortment of photographs. Competitors may enter their images that evening between 6 and 6:50 p.m., and a panel of three expert photographers will begin judging at 7 p.m. Cash prizes will be awarded for color print, black and white, and slide categories. Details about the competition are posted on flyers throughout the NIH campus and in R&W gift stores. For more information about the competition or the NIH Camera Club, call Margaret Spratt at 301-299-6805 or Ellis Gordon at 202-686-1764.

Neuroscience Seminar Series Scheduled to Begin This Month

The NIH Neuroscience Lecture Series, sponsored by five NIH institutes, kicks off its 2000–2001 season this month with three seminars. This year's series, which features lectures and discussions with internationally renowned neuroscientists, is sponsored by the National Institute of Neurological Disorders and Stroke, the National Institute of Mental Health, the National Institute of Deafness and Other Communication Disorders, the National Institute on Drug Abuse, and the National Institute of Child Health and Human Development. Leading neuroscientists from around the world will address the advances that span the areas of molecular, cellular, and organismal neuroscience every Monday at noon from October 16, 2000 through May 2001. Lectures, which will feature CME credit, will be held in the Lipsett Amphitheater in Building 10 on the NIH campus, followed by a reception. A tentative schedule is listed below. For more information, call Dr. Story Landis at 301-435-2232 or send him an e-mail at landiss@ninds.nih.gov.

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| October 16 | The Role of the Basal Ganglia in the Cognitive and Motivational Control of Action by Dr. Okihide Hikosaka of the Juntendo University School of Medicine |
| October 23 | Homeodomain Transcription Factor Control of Motor Neuron Development by Dr. Samuel Pfaff of the Salk Institute |
| October 30 | Molecular Basis of Cochlear Amplification by Outer Hair Cells by Dr. Peter Dallos of Northwestern University |

NIH Dance to Benefit Children of Special Love

Prepare to dance the night away with the NIH Ski Club on Friday, November 3, 2000 and help raise money for Special Love, Inc., one of the charities supported by NIH. Special Love Inc., which was founded by parents of a child who succumbed to cancer, offers programs to help children with cancer experience things that healthy children experience every day. From 8 p.m. to midnight, dance to music by Retrospect; bid on exciting trips and prizes during silent and live auctions; and enjoy a light buffet dinner at the Gaithersburg Holiday Inn. Tickets are \$25 per person and may be purchased at the Recreation & Welfare Association Activities desk in Building 31 on the NIH campus. All of the proceeds raised from the dance will sponsor winter ski programs for Camp Fantastic, one of Special Love, Inc.'s programs. This year's ski programs include a trip to Bryce Mountain and a weekend in Canaan Valley. For more information, call Bob Bingaman at 301-829-2079.

CALENDAR OF EVENTS

October 5

Music in the Mansion Concert Series: *Isosceles Duo*, cello & piano, 8 p.m., Strathmore Hall Arts Center, 10701 Rockville Pike, N. Bethesda, \$20. For more information, call 301-530-0540.

October 7

Taste of Bethesda, street festival of more than 50 Bethesda restaurants, 11 a.m.–4 p.m., Woodmont Triangle area, Bethesda, free and open to the public. Food tickets are \$1 each. For more information, call 301-215-6600

American Heart Walk, a walk benefitting the American Heart Association's cardiovascular research and education programs, 9 a.m. registration, 10 a.m. walk, Woodmont Avenue, Bethesda. For more information, call 301-990-8900.

Come Back to Bethesda Classic Car Show, classic car show benefitting the Children's Inn at NIH, 11 a.m.–4 p.m., Chevy Chase Cars, Wisconsin Avenue, Bethesda, free and open to the public. For more information, call Karen at 301-496-6061.

October 8

Computer Recycling Drop-Off Program, residents can drop off used, old, and unwanted computer equipment for recycling, 9 a.m.–4 p.m., Montgomery County Transfer Station, 16101 Frederick Road, Derwood. For more information or to volunteer, call 301-840-2852.

October 10

2000 Medicine for the Public Lecture Series: *Stroke: Rapid Diagnosis, New Treatments* by Dr. Alison Baird, Visiting Scientist, Section on Stroke Diagnostics and Therapeutics, National Institute of Neurological Disorders and Stroke, NIH, 7–8 p.m., Masur Auditorium, Building 10, NIH, free and open to the public. For more information, call 301-496-2563 or visit <http://www.cc.nih.gov/cc/mfp/series.html>.

October 11

2000–2001 Faces & Phases of Life Seminar Series: *The Nuts and Bolts of Choosing Child Care*, noon–1:30 p.m., Building 31, Room 6C6, NIH, free and open to the public. For more information about the program, to pre-register for one of the seminars, or for reasonable accommodations, call 301-435-1619.

National Library of Medicine History of Medicine Seminar Series: *Taking Historical Liberties with John Shaw Billings?: The Significance of the Surgeon General's Library* by Dr. James H. Cassidy, NLM research historian, 2–3:15 p.m., Building 38, Conference Room B, NIH, free and open to the public. For more information, call 301-402-8878.

Music in the Library: *Bethesda Chamber Singers*, singing popular and classic compositions, 7 p.m., Kensington Park Community Library, 4201 Knowles Avenue, Kensington, free and open to the public. For more information, call 301-897-2211.

October 12

Music in the Mansion Concert Series: *Flamenco and Lorca*, flamenco music and Spanish dancing, 8 p.m., Strathmore Hall Arts Center, 10701 Rockville Pike, N. Bethesda, \$20. For more information, call 301-530-0540.

October 17

2000 Medicine for the Public Lecture Series: *Women's Health Research for the 21st Century* by Dr. Vivian Pinn, Director, Office of Research on Women's Health, NIH, 7–8 p.m., Masur Auditorium, Building 10, NIH, free and open to the public. For more information, call 301-496-2563 or visit <http://www.cc.nih.gov/cc/mfp/series.html>.

2000–2001 Faces & Phases of Life Seminar Series: *Life Coping Skills & Avoiding the Pitfalls*, 12:30–2 p.m., Building

31, Room 6C10, NIH, free and open to the public. For more information about the program, to pre-register for one of the seminars, or for reasonable accommodations, call 301-435-1619.

October 18

2000–2001 Wednesday Afternoon Lecture Series: The DeWitt Stetten, Jr. Symposium: *Revealing the Ribosome.* Topics and speakers include *Decoding the Genetic Information on Ribosomes in Molecular Detail* by Ada E. Yonath, Ph.D. of the Weizmann Institute of Science; *Insights from the Structure of the 30S Ribosomal Subunit* by Venkatraman Ramakrishnan, Ph.D., of the MRC Laboratory of Molecular Biology; and *The Complete Anatomic Structure of the Large Ribosomal Subunit from *Haloarcula marismortui** by Peter B. Moore, Ph.D., of Yale University, 2–4 p.m., Masur Auditorium, Building 10, NIH, free and open to the public. For more information, call Hilda Madine at 301-594-5595 or visit <http://www1.od.nih.gov/wals/>.

October 20

Clinical Center Roundtable Program: *Current Issues in the Management of Head and Neck Malignancies* by Carter Van Waes, M.D., Panel Leader, National Institute on Deafness and Other Communication Disorders, NIH, noon–1 p.m., Lipsett Amphitheater, Building 10, NIH. CME credit is available. For more information, call 301-496-2563.

Music in the Mansion Concert Series: *Stefan Scaggiari Trio—Jazz Bridges*, 8 p.m., Strathmore Hall Arts Center, 10701 Rockville Pike, N. Bethesda, \$20. For more information, call 301-530-0540.

October 22

Computer Recycling: Drop-Off Program, residents can drop off used, old, and unwanted computer equipment for recycling, 9 a.m.–4 p.m., Montgomery County Transfer Station, 16101 Frederick Road, Derwood. For more information or to volunteer, call 301-840-2852.

October 24

2000 Medicine for the Public Lecture Series: *Prostate Cancer* by Drs. Marston Linehan, Chief, Urologic Oncology Branch, and William Dahut, Head, Prostate Cancer Clinic, Medicine Branch, National Cancer Institute, NIH, 7–8 p.m., Masur Auditorium, Building 10, NIH, free and open to the public. For more information, call 301-496-2563 or visit <http://www.cc.nih.gov/cc/mfp/series.html>.

October 25

2000–2001 Wednesday Afternoon Lecture Series: *Visualizing Lentivirus Infections: Lux et Veritas in Vivo* by Ashley T. Haase, M.D., Professor, Department of Microbiology,

University of Minnesota, 3–4 p.m., Masur Auditorium, Building 10, NIH, free and open to the public. For more information, call Hilda Madine at 301-594-5595 or visit <http://www1.od.nih.gov/wals/>.

2000–2001 Faces & Phases of Life Seminar Series: *Creating an Individual Development Plan*, noon–2 p.m., Building 31, Room 6C10, NIH, free and open to the public. For more information about the program, to pre-register for one of the seminars, or for reasonable accommodations, call 301-435-1619.

October 26–27

Community Prevention Research in Women’s Health Conference, 8 a.m., Masur Auditorium, Building 10, NIH, free and open to the public. Pre-registration is requested and continuing education credits will be offered. For more information or to register, call 1-800-635-7139 or visit <http://www.dopm.uab.edu/whicps>.

October 31

2000–2001 Association for Women in Science Seminar Series: *Strategies for Success in Science: A Report on the Status of Women Faculty in Science at MIT: An Update* by Nancy Hopkins, Ph.D., NIH Pittman Lecturer and Amgen Professor of Biology, Department of Biology and Center for Cancer Research, MIT. Refreshments at 3:30, seminar at 4:30 p.m., Chapel at the Cloisters (Building 60), NIH, free and open to the public. For more information, call Dr. Marion Zatz at 301-594-2379.

OTHER NEWS AND ACTIVITIES OF INTEREST

County Celebrates Community Service Day with Projects

Join Montgomery County in lending a hand at the 14th Annual Community Service Day on Saturday, October 28, 2000. Volunteers throughout the county will tackle projects such as grounds clean-up, landscaping, painting, and repairs. Other projects may include visits to nursing homes, office work, or food and clothing collections. The day will begin with a rally at 8:30 a.m. at the Executive Office Building, 101 Monroe Street in Rockville, Maryland and will be followed by a variety of projects throughout the county from 10 a.m. to 2 p.m. To help or for more information, call the county Volunteer Center at 240-777-2600.

Glenview Mansion Offers Free Music, Art

Enjoy free music, art, and sculpture on the grounds of Glenview Mansion at Rockville Civic Center Park this fall with the mansion's Sunday Afternoon Concert Series, outdoor sculpture garden, and indoor gallery exhibits. Through the month of October, the Glenview Mansion Art Gallery will host the works of three painters: Claire Starr, Joyce Marie McCarten, and Francie Hester. From 1 to 4 p.m. on Sunday, October 1, the gallery will have a formal art show opening. On Thursday, October 19 at 7:30 p.m., gallery artists will be on hand to talk about their paintings, and on Friday, October 20 at 10 a.m., a guided tour of the gallery will be offered. At 2 p.m. on October 1, Mary Sue Twohy will perform folk music during a free concert in the Conservatory. Additional free concerts by various artists will take place the first Sunday of each month at 2 p.m. In addition, six outdoor sculptures are currently on display throughout the park's grounds from now until October 15, as part of the Art in Public Places program. Programs for self-guided tours are available on the first floor of the mansion. The park is located at 603 Edmonston Drive in Rockville, Maryland. For more information or for a schedule of free concerts, call 301-309-3354 or 301-309-3001.

New Bus Service Helps Commuters Beat the Beltway Blues

Tired of getting stuck in traffic on the Beltway? Well, Glenarden residents can take advantage of a new bus service called "Beat the Beltway Blues," which was launched this spring. Developed out of a partnership between the Maryland Mass Transit Administration (MMTA) and the State Highway Administration, the new bus service features two express bus routes to help alleviate traffic during planned Beltway construction. The routes run from Glenarden to Bethesda and from Glenarden to Silver Spring and only cost riders \$1 each way. Buses run one-way during morning rush hour and provide return service to Prince Georges County in the evening. Both routes end at Metro stations to provide commuters with further transportation options, and NIH is one of the scheduled stops on the Bethesda route. Additionally, parking at most

of the pickup points is free. For more information about the service or for a schedule or a map showing routes and pickup locations, call Commuter Connections at 1-800-745-RIDE or visit MMTA's Web site at <http://www.mtmaryland.com>.

Square One Theater Opens in Bethesda

Bethesda-area theater buffs are in for a treat with the opening of Bethesda's first professional theater. The Square One Theater, which opened last month, promises to enrich the arts in Montgomery County by showcasing innovative new plays and musical theater. Located at 4508 Walsh Street in the heart of downtown Bethesda, the theater is now showing *Sound-Biting*, a political satire about 16 hours in an "average" election campaign. All performances are two hours with one intermission and are held in the Writer's Center Auditorium. Show times vary and tickets are \$17 and \$19. For more information, call 301-424-3136 or visit <http://www.g2washingtondc.com/squareonetheater/home.html>.

Strathmore Hosts Family Toon Day

Join Mickey Mouse and his other cartoon friends from Nickelodeon, Disney, and the Cartoon Network for a day of family fun on Sunday, October 8, 2000 at Strathmore Hall Arts Center in North Bethesda. Strathmore is once again hosting its Family Toon Day from 11 a.m. to 4 p.m., giving children an opportunity to participate in games and hands-on art activities, see musical and theater performances, participate in drama workshops, and witness a helicopter landing. Roving entertainers, face painters, and special Disney stage shows will bring Strathmore's grounds to life. A cartoon parade and marching band kick off the festival at 11 a.m., and children can have their pictures taken with their favorite cartoon characters throughout the day for \$1. Parking is available for \$3 on-site, with additional free parking on Tuckerman Lane and at the Grosvenor Metro station. For more information, contact the Strathmore Hall Arts Center at 301-530-0540.

Literary Luncheon Series Announced

The Friends of the Library and Strathmore Hall Arts Center announce the start of the 13th Annual 2000–2001 Literary Luncheon Series this month. The program brings together writers, readers, and history buffs to discuss a variety of topics over lunch. This year's season features topics such as the women's movement, a presidential candidate, African-American designers, and Eastern Shore watermen. Each lecture and discussion begins at 11:30 a.m. and can include lunch. A schedule is listed below. The lunch and lecture series subscription is \$60 or \$50 for Strathmore/Friends members. Individual lectures are \$15 including lunch or \$10 without lunch. Strathmore/Friends members are offered discounted tickets for \$13 with lunch or \$8 without lunch. For more information or to register, call 240-777-0020.

- October 19** **Betty Friedan: *Life So Far***, discussion of 60s women's movement pioneer Betty Friedan's memoirs
- November 16** **David Maraniss: *Prince of Tennessee***, discussion of Washington Post writer and Pulitzer Prize winner David Maraniss' biography on Al Gore
- March 15** **Threads of Time: African-American Designers, 1854–1954**, provides a look at memorable African-American women who used their creative skills to achieve freedom and financial security
- April 19** **Tim Junkin: *The Waterman, A Novel of the Chesapeake Bay***, a tribute to the watermen making a living on the Bay and to their family and friends

Rockville Holds Antique, Classic Car Show

Car enthusiasts will have an opportunity to embrace the nostalgia of the cars of yesteryear at Rockville's annual Antique and Classic Car Show on Saturday, October 14, 2000. From 8:30 a.m. to 4 p.m., more than 500 classic cars will fill the grounds around Glenview Mansion at Rockville Civic Center Park, offering area car fans an oppor-

tunity to experience the wonderfully unique cars from our past. A special millennium exhibit, "Celebrating the Century of Automobiles," will feature one car from each year throughout this century, illustrating the changes in the automobile industry over the last 100 years. Many car clubs, such as Thunderbird and Packard, will also be represented at the show. For more information, call 301-309-3330.

Bethesda Announces Annual Arts and Humanities Festivals

Bethesda becomes a cultural center this month with arts and humanities festivals. On October 14 and 15, Bethesda will host Federal Realty's fourth annual arts festival. More than 100 juried artists from around the country will showcase and sell their work on Bethesda and Woodmont Avenues and Elm Street from 11 a.m. to 6 p.m. on Saturday and from 10 a.m. to 5 p.m. on Sunday. On Saturday, October 14, Montgomery County will celebrate the humanities with performances, children's activities, and more at its cultural festival from 11 a.m. to 6 p.m. on Hampden Lane and Woodmont Avenue. There will be fun activities for the whole family at both events. For more information about the arts festival, call 703-998-9661; for information about the cultural festival, call 301-439-9676.

Brookside Gardens Presents "Knight of the Mums" Display

Visit the magical world of mums at Brookside Gardens as it opens the "Knight of the Mums" Chrysanthemum Display this month. On Saturday, October 14 through Sunday, November 26, this annual event fills the conservatories with mums of different sizes, colors, and flower shapes trained in unusual forms. Visitors may see the "Queen Mum" or a noble knight in shining armor protecting a mythical kingdom from a 40-foot long dragon. Don't miss this free storybook adventure in the world of flowers, open from 10 a.m. to 5 p.m. daily. Brookside Gardens is located at 1800 Glenallan Avenue in Wheaton, Maryland. For more information, call 301-949-8230.

National Chamber Orchestra Begins 2000–2001 Season

Celebrating its 16th anniversary season, the National Chamber Orchestra (NCO) promises to delight audiences with classical music from six featured artists. Beginning this month, the NCO Orchestra Series will showcase pianists, cellists, singers, violinists, and clarinetists who will perform some of classical music's favorite pieces, such as Handel's *Water Music, Suite #2* and Mozart's *Violin Concerto #3*. Tickets range from \$85 to \$165 for the series and from \$17 to \$33 for single performances. All performances begin at 8 p.m. and take place in the F. Scott Fitzgerald Theatre concert hall at the Rockville Civic Center, located at 603 Edmonston Drive in Rockville, Maryland. For more information or to purchase tickets, call 301-762-8580 or visit <http://www.nationalchamberorch.org>.

The series schedule follows:

October 13 & 14 Enrique Graf, *piano*, performing the music of Bach, Makris, and Beethoven

November 24 & 25 Robert Cohen, *cello*, performing the music of Barber, Haydn, Bloch, and Janacek

December 15 & 16 Cantate Chamber Singers, performing music by Handel, Vivaldi, and Bach

January 5 & 6 Jody Gatwood, *violin*, performing music by Foote, Mozart, and Suk

February 2 & 3 Jon Manasse, *clarinet*, performing music by Copeland and Strauss

April 20 & 21 Juliette Kang, *violin*, performing the music of Brahms, Shostakovich, and Schubert

TRY THIS WEB SITE:

<http://odp.od.nih.gov/>

This summer, the NIH Office of Disease Prevention (ODP), which is the central office for public health and disease prevention research at NIH, launched its new Web site. The site provides the public with information about the activities, responsibilities, and staff of the ODP. Consumers have access to such health information as a prevention research database, a glossary of health terms, and resources for patients and the public. In addition, the site provides disease prevention information for researchers and healthcare workers. Information about the Prevention Research Coordinating Committee, related upcoming workshops and conferences, and news sections are also featured.

VOLUNTEER OPPORTUNITIES

Interpreters Sought

The Clinical Center Volunteer Office is in need of in-house language interpreters to serve as backups when others are not available. The interpreters would assist patients and their families who are not fluent in English. Speakers of Arabic, Farsi, French, German, Portuguese, and Spanish are particularly needed. To help, call Andrea Rander at 301-496-1807.

Administrative Help Needed

The Bethesda Senior Source is in need of part-time or full-time administrative help during the hours of 9 a.m. and 4 p.m., Monday through Friday, at its office on 4805 Edgemoor Lane in Bethesda. Tasks include answering the telephone, directing people to classes, and other light administrative tasks. Call Tina Purser Langley at 301-951-1990 to help.

Postmenopausal Women Wanted for Blood Study

Doctors at the NIH seek postmenopausal women (not currently taking hormone replacement therapy) to take part in a study. Participants will be required to give a small sample of blood (about 2 tablespoons) in an initial screening. Total visit time required is approximately 30 to 45 minutes.

The study does not require you to take any new medications or stop any current medications. It takes place at the NIH Clinical Center in Bethesda (with free parking). NIH will pay participants \$50 for each blood draw. For more information, please call 301-496-5150.

Healthy Married Men and Women Sought

The Pediatrics and Developmental Neuropsychiatry Branch at the National Institute of Mental Health, (NIMH) seeks healthy men aged 56 to 73 and women aged 51 to 59 to participate in a functional magnetic resonance imaging (fMRI) study on the visual processing of faces. Participants must be right-handed and currently married. Volunteers should have no history of medical or psychiatric disorders and should not be taking prescription medications, with the exception of hormone replacement therapy (estrogen and/or progesterone), thyroid medication, and medications for high blood pressure (diuretics or ACE inhibitors). Volunteers must have normal vision or wear contacts. Participation requires a 2-hour screening interview, a follow-up visit, and a 3-hour visit for an fMRI scan. Participants will be reimbursed. For more information, call Tara Harrison or Christen Devine at 301-496-8381.

High Blood Pressure Volunteers Needed

Individuals aged 18 to 55 who have high blood pressure are needed to participate in insulin studies at NIH. Participation in the study requires individuals to stop their blood pressure medication for a two-week period prior to the start of the study. Participants will be paid \$300 for completion of two separate outpatient study days. For more information, call Gail Sullivan at 301-496-3244.

Diabetic Volunteers Sought

Doctors at NIH are seeking diabetic volunteers between the ages of 18 and 65 to participate in a study of oral diabetic medications or diet control for screening vitamin C blood levels. In order to participate, study volunteers must stop taking vitamin C supplements for at least one month prior to blood screening. Participants will be paid \$25 for blood level determination. Volunteers may be

eligible for further studies depending upon vitamin C level. For more information, call Gail Sullivan at 301-496-3244.

THE PATIENT RECRUITMENT AND PUBLIC LIAISON OFFICE

1-800-411-1222

<http://www.cc.nih.gov>

prpl@nih.gov

Se Habla Español

The Patient Recruitment and Public Liaison Office (PRPL) is a service of the NIH Clinical Center (CC) in Bethesda, Maryland. PRPL staff members provide information to patients, their families, physicians, and healthy volunteers about taking part in CC research. There are nearly 1,000 studies available to patients and healthy volunteers. They cover a wide range of common and rare diseases and conditions. NIH offers all study-related evaluation, testing, and treatment at no charge to the participant.

Below are some of the studies for which the PRPL currently is recruiting. For information about these or other studies, visit the CC Web site at <http://www.cc.nih.gov> (Click on "Find a study"), or call the PRPL at the toll-free number listed above:

- **Alzheimer's Disease.** The National Institute of Neurological Disorders and Stroke seeks adults aged 50 to 89 for a research study to test an experimental treatment drug for Alzheimer's disease (AD). Participants should have a diagnosis of AD but be otherwise healthy. A companion must be available to help monitor the participant's progress in the study.
- **Endometriosis.** The National Institute of Child Health and Human Development invites women with pelvic pain associated with endometriosis to take part in a study of a potential new treatment.
- **Fibromyalgia.** Doctors at the National Institute of Dental and Craniofacial Research invite women, aged 18 to 45, who are diagnosed with fibromyalgia to take part in a new study testing the benefits of exercise. There is no charge for participating.

- **Jaw Pain/TMD.** The National Institute of Dental and Craniofacial Research seeks people between the ages of 18 and 65 with early onset or later stage temporomandibular disorders (TMD) for study testing treatment medications against placebo.
- **Psoriasis.** National Cancer Institute researchers seek people with psoriasis for study of a potential new treatment.
- **Shingles.** The National Institute of Allergy and Infectious Diseases seeks healthy volunteers aged 60 and older who have never had shingles for a study to determine whether an enhanced version of the chickenpox vaccine can prevent shingles. Study participants need to make one outpatient visit to the NIH Clinical Center and monthly phone calls via a toll-free number for up to five years.
- **Teen Obesity.** Parents: Is your teenager overweight? Overweight teens are at risk for developing serious medical conditions during their teen years and as adults. NIH doctors are enrolling teens, ages 12 to 17, in a research study of a new weight loss medication. The Food and Drug Administration has approved the drug Orlistat for use by overweight adults. There is no charge for study tests, exams, medication, and weight-control education.
- **Uveitis.** The National Eye Institute seeks adults and children with uveitis for research studies to help find ways to improve diagnosis and treatment. The studies take place at the NIH Clinical Center in Bethesda, MD. NIH patients receive study-related eye exams, testing, and care at no charge.

The OCL Update is available on our Web site at <http://ocl.od.nih.gov/>. If you would rather view this document online and not receive a printed version, please contact the OCL office at 301-496-3931 or send us an e-mail at jh69z@nih.gov. If you would like to list an upcoming event of interest to the local community, call Terry LaMotte at Palladian Partners, OCL support contractor, at 301-650-8660, or e-mail tlamotte@palladianpartners.com.

Office of Community Liaison

National Institutes of Health
 Building 1, Room 259
 One Center Drive
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