



To: Community Representatives

From: Janyce Hedetniemi, Director  
Office of Community Liaison  
National Institutes of Health (NIH)

Date: August 2001

## NOTES FROM THE DIRECTOR, OFFICE OF COMMUNITY LIAISON

**W**ith the lazy days of summer upon us, the NIH offers some delightful ways to add to your summer fun. Make plans to spend time under the stars with family and friends at the Outdoor Film Festival at NIH or come join us for thought-provoking entertainment at the Science in the Cinema Film Festival. Both of these NIH traditions are free and could be wonderful additions to your busy or not-so-busy summer schedule!

In its eighth season, Science in the Cinema is a film and discussion series sponsored by the NIH Office of Science Education. On Thursday nights through August 16, Science in the Cinema will feature films highlighting different medical science themes. Immediately following each movie, an expert in the film's subject area will lead a discussion with the audience about the science featured in the film. This series is open to the general public and is intended for a broad range of individuals who enjoy the cinema and want to learn about medical science issues.

Also this month, Comcast presents the fifth annual Outdoor Film Festival at NIH. This free family event begins on August 17 and runs through August 26. Proceeds from area restaurant concessions will benefit NIH charities, including the Children's Inn, Camp Fantastic, and Friends of the Clinical Center. Come sit under the stars and spend an evening watching a great film.

A complete listing of films offered by each of these wonderful NIH traditions can be found in this issue of the *OCL Update*.

Looking forward, I am excited about the plans for our fourth annual NIH Community Health Forum, *Share the Health*. This year's event will feature a variety of seminars on topics such as pain management, sleep disorders, eye disease, osteoporosis, and stroke. NIH Institutes and Centers will have exhibits filled with valuable health information; the NIH Division of Public Safety will display its fire truck; and tours of the NIH campus will be offered. Detailed information about this year's event will be available soon. Please mark your calendars and plan to attend on October 27!

I hope that you will join us for one or for all of these activities on the NIH campus. Enjoy a wonderful summer!

The Community Liaison Council (CLC) will hold its next meeting on **Thursday, August 30, at 4 p.m.** in Conference Room 6, Building 31, C Wing, on the NIH campus.

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**Correction**

The July issue of the *OCL Update* inadvertently identified former Democratic Congressman Louis B. Stokes, in whose honor the new laboratory building (Building 50) was named, as a representative of the state of Illinois. In actuality, Stokes was elected to represent the state of Ohio.

## NIH CAMPUS NEWS AND ACTIVITIES

### NIH Pilot Telework Project Reduces Commuting

Fifty NIH employees are spending less time in traffic thanks to a pilot "telework" project that began in March. Participants in the project are "teleworking" from home at least two days a month. That saves more than 9,000 miles of driving a month, estimates Alisa Green of the NIH Work and Family Life Center, coordinator of the telework project.

Four NIH components—the National Institute of Allergy and Infectious Diseases, the National Institute on Deafness and Other Communication Disorders, the Center for Scientific Review, and the Office of the NIH Director—are taking part in the pilot project, which is scheduled to continue through March 2002. The project's goal is to evaluate the benefits, costs, and impact of teleworking on NIH employees, managers, and customers, with the long-term goal of increasing teleworking by NIH employees.

In addition to reducing traffic gridlock and demand for parking space, increased teleworking by NIH employees offers other potential benefits, such as enhancing employee recruitment, reducing turnover, maintaining high levels of employee performance, and using technology and office facilities more efficiently.

In May 2000, NIH received a grant from Telework Partnership with Employers, a program sponsored by the Maryland Department of Transportation and the Baltimore and Washington Councils of Government. The grant funded the services of a professional telework consultant to expand NIH's

flexible workplace programs by developing the pilot telework project. A full analysis of data from the pilot project is expected to be completed by June 2002.

The federal Office of Personnel Management has issued guidelines requiring federal agencies to increase the number of employees who telecommute. Studies have shown that telecommuting benefits employees, employers, and the general public. Employees report that they feel less stressed and that spending less time commuting enables them to achieve a better balance between work and family life. Employers benefit because telecommuting employees have been shown to be 10 percent more productive than office-based employees. Finally, fewer commuters on the highways results in less congestion, fossil fuel consumption, and air pollution.

### From Beethoven to Biotechnology—FAES Fall Schedule Has It All

Lovers of the music of Beethoven have the opportunity this fall to hear all 16 of the composer's string quartets performed at NIH. The Foundation for Advanced Education in the Sciences (FAES) is offering a performance-lecture course featuring Joel Berman and friends on Monday evenings at 7:30 p.m. from September 24, 2001, to January 14, 2002. Each performance will be preceded by a lecture on that week's quartet.

The FAES fall 2001 course catalog is now available. Courses are offered at both graduate and undergraduate levels and are open to the general public. Most courses are taught by NIH staff members. Classes meet on weeknights on the NIH campus. More than 150 courses are offered on topics including biotechnology, biology and genetics, chemistry and physics, medicine and physiology, and statistics, as well as languages, photography, and drawing and painting.

The deadline for registration by mail is August 31. You can also register in person at the FAES office from September 5 to 11. For more information or to obtain a course catalog, call 301-496-7976 or visit <http://www.faes.org>.

## The NIH Master Plan Update

by Stella Serras-Fiotes, Director, Office of Facilities Planning,  
Office of Research Services, NIH

The 1995 NIH Bethesda Site Master Plan is a 20-year plan that includes a requirement for a review and update every 5 years. The current Master Plan Update recommends a "moderate growth scenario" that would accommodate up to 22,000 people on the Bethesda campus by the year 2020 while simultaneously pursuing expansion of NIH off-campus facilities.

The 1995 Master Plan had anticipated that budget constraints and government downsizing would result in a reduction in personnel on the Bethesda campus between 1995 and 2000. Instead of decreasing, however, the population of the Bethesda campus increased from 16,230 in 1995 to 17,800 in 2000—a 9 percent increase in 5 years, with no increase in space. Contrary to expectations, NIH received relatively generous budget increases between 1995 and 2000, and Institutes overcame constraints on the hiring of federal workers by hiring contract workers.

A campus population of around 22,000 is the maximum that NIH planners believe the existing infrastructure will comfortably support. Major infrastructure expansion and replacement would be necessary to support growth beyond that point. Factors constraining further growth include the capacity of utility services (specifically, the sanitary sewer and the power plant) and environmental impacts (specifically, traffic and parking).

The Update retains the planning principles to which NIH committed itself in the 1995 Master Plan. These principles include:

- Maintaining the Clinical Center as the "heart" of the campus.
- Protecting existing open spaces and buffer zones.
- Restricting building heights around the campus perimeter.
- Reducing the employee parking ratio to 0.45 spaces per employee and removing all parking from buffer areas.

Community Liaison Council task groups are reviewing the Master Plan Update with particular concern for the following issues:

- Transportation (e.g., traffic loads, parking, alternatives to single-occupancy vehicles).
- Construction impacts (e.g., major building projects, trucking access, construction workers' parking, noise and dust abatement).
- Environmental impacts (e.g., vehicle and power plant emissions, noise, preservation of trees and historic assets, utilities, storm water management).

NIH planners are working toward submitting a preliminary draft Master Plan Update for internal NIH and community review in September. The next steps will be publication of a draft Master Plan Update and Environmental Impact Statement (October) and public hearings by the Maryland National Capital Park and Planning Commission (December) and the National Capital Planning Commission (January). It is hoped that the final Master Plan Update and Environmental Impact Statement Supplement will be approved in April 2002.

## NIAMS Community Health Center Opens

A new community health center affiliated with NIH's National Institute of Arthritis and Musculoskeletal and Skin Diseases (NIAMS) opened in July. The new health center is a key initiative in NIAMS' Health Partnership Program, an effort to address health disparities among minority groups for rheumatic, musculoskeletal, and skin diseases. In its first phase, the program focuses on rheumatic diseases.

The health center, located on 14th Street, N.W., in Washington, D.C., provides diagnosis and treatment for people with arthritis, lupus, and other rheumatic diseases. In addition to medical care provided under a natural history (or observational) study, the health center provides access to other NIH studies aimed at finding improved treatments for these diseases. A shuttle service links the health center and the NIH Clinical Center in Bethesda, Maryland, for X rays, lab work, and other clinical

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services that may be needed. The community health center also offers physical therapy, health and nutrition classes, and information and support on managing disease.

"There are many questions about the causes and impact of health disparities among minority communities," said Stephen I. Katz, M.D., Ph.D., NIAMS director. "The NIAMS Community Health Center provides a platform for community-based research that will help us find the answers."

The community health center is located in the heart of the African-American and Hispanic/Latino communities in Washington, D.C. Rheumatic diseases are a major issue in these communities. The center has two screening sites located in downtown and northeast Washington. Medical staff at these sites can screen patients and refer them to the main center at 14th Street, N.W., when appropriate. Transportation is provided from the screening sites to the main center.

"By working more closely with communities to identify culturally sensitive implementation strategies, we hope to reduce health disparities for those who are disproportionately affected by the diseases within our mission," said Dr. Katz.

### NIH Dedicates Plaza in Honor of Paul G. Rogers

The Paul G. Rogers Plaza in front of Building 1 on the Bethesda campus was dedicated in June. The plaza is named for the Hon. Paul G. Rogers, who represented his Florida district in the U.S. House of Representatives for 24 years. Rogers introduced major legislation directed at promoting medical research and improving public health, such as the National Cancer Act and the Research on Aging Act. He currently chairs the board of Research! America, a medical research advocacy organization.



Paul G. Rogers

### Science in the Cinema Continues

The 2001 NIH Science in the Cinema series continues on Thursday evenings until August 16. Films are screened at 7 p.m. in the Natcher Auditorium in Building 45 on the NIH campus. The following films with biomedical science themes will be shown.

- August 2:** *The Snake Pit* (1948). Starring Olivia de Havilland. Science themes: Mental illness and psychotherapy.
- August 9:** *The Eighth Day* (1996). Starring Daniel Auteuil. Science theme: Down syndrome.
- August 16:** *Down in the Delta* (1998). Starring Alfre Woodard. Science themes: Substance abuse and rehabilitation.

Following each film, an NIH scientist with expertise in the film's theme will lead an audience discussion about the science depicted in the film. Admission is free; seating is on a first-come, first-served basis. For more information, call 301-496-1727 or visit <http://science-education.nih.gov>.

All films are shown with captions. Interpreters and real-time captioning are available for the post-film discussions. Those requiring additional reasonable accommodations are asked to contact the NIH Office of Science Education at least 5 days before the event. TTY users should call 301-496-9755 [please call through the Federal Relay Service at 1-800-877-8339 or the Maryland Relay Service at 711 (in-state) or 1-800-735-2258 (out of state)].

### Alzheimer's Report Available Online

The 2000 *Progress Report on Alzheimer's Disease* is now available online at <http://www.alzheimers.org/pubs/prog00.htm>. The progress report summarizes recent research on Alzheimer's disease that is conducted or supported by the National Institute on Aging and other NIH Institutes. Alzheimer's disease is a progressive form of dementia affecting the elderly that results in memory loss, behavior and personality changes, and decline in cognitive abilities. Over 300,000 new cases are estimated to occur each year, and the number is increasing as the American population ages.

## Outdoor Film Festival Returns

Bring the family out to the movies during the fifth annual free Outdoor Film Festival at NIH from August 17 to 26. Held between the Medical Center Metro station and Building 16, moviegoers are encouraged to bring a blanket or a low beach chair to enjoy great movies under the stars. Bring a picnic, or purchase food and drink on site. Food and beverage tickets cost \$1 each. Food sales start at 7 p.m.; movies begin at 8:15 p.m. Here's the line-up:

Friday, August 17:	<i>Ghostbusters</i>
Saturday, August 18:	<i>Men in Black</i>
Sunday, August 19:	<i>Remember the Titans</i>
Monday, August 20:	<i>Annie Hall</i>
Tuesday, August 21:	<i>Saturday Night Fever</i>
Wednesday, August 22:	<i>Willy Wonka and the Chocolate Factory</i>
Thursday, August 23:	<i>The Birds</i>
Friday, August 24:	<i>The Godfather</i>
Saturday, August 25:	<i>Indiana Jones and the Last Crusade</i>
Sunday, August 26:	<i>Rugrats in Paris</i>

Proceeds from food and drink sales benefit the NIH Children's Inn, Camp Fantastic, and Friends of the Clinical Center. Smoking is not permitted in the food service or movie seating areas. Pets must be kept on a leash. Alcohol consumption on the NIH grounds is prohibited by federal law. Reasonable accommodations can be provided for people with disabilities. For more information, call the NIH Recreation and Welfare Association at 301-496-6061 or visit <http://www.filmfestnih.org>.

## Dr. Nakamura Honored by NIH Asian/Pacific American Organization

Dr. Richard K. Nakamura, deputy director of the National Institute of Mental Health (NIMH), was awarded the 2001 NIH Asian/Pacific American Organization's Outstanding Achievement Award in administrative work. The honor recognizes Dr. Nakamura's work on a White House initiative to increase participation by Asian Americans and

Pacific Islanders in federal programs. The award was presented during the 29th anniversary celebration of the NIH Asian/Pacific Islander American Heritage Program in May.

## NIH Scientists Elected to American Philosophical Society

Two distinguished NIH scientists have been elected to the American Philosophical Society (APS), the oldest learned society in the United States. The honorees are Dr. Anthony Fauci, director of the National Institute of Allergy and Infectious Diseases, and Dr. Marshall Nirenberg, chief of the Laboratory of Biochemical Genetics at the National Heart, Lung, and Blood Institute and a Nobel laureate.

The APS, an international organization promoting research in the sciences and humanities, was founded more than 250 years ago by Benjamin Franklin and his associates. Its early members included George Washington, John Adams, Thomas Jefferson, and James Madison.

## NIH Blood Bank Needs Donors

During August the NIH Blood Bank particularly needs donations of O-positive and A-positive blood. Call 301-496-1048 or stop by the Department of Transfusion Medicine in the Clinical Center, Building 10, 1st floor, Room 1C713B.

## NIH CALENDAR OF EVENTS

### August 7

**Summer Lecture Series for Students, Research on Health Disparities: Obesity, Diabetes, and Energy Metabolism: Why Fat is Good and Bad** by Marc L. Reitman, M.D., Ph.D., National Institute of Diabetes and Digestive and Kidney Diseases, NIH, noon–1 p.m., Masur Auditorium, Building 10, NIH. Free and open to the public. For more information, call 301-496-2427.

### August 14

**Work and Family Life Center (WFLC) Outreach Table: Elder Care Resources and Information**, 11:30 a.m.–1:30 p.m., Building 31, outside NIH Federal Credit Union, A Wing, NIH. Free. For more information, call WFLC at 301-435-1619.

## OTHER NEWS AND ACTIVITIES OF INTEREST

### Health and Wellness Programs at Suburban Hospital

Suburban Hospital's WellWorks program offers an extensive schedule of classes, seminars, and health screenings during August. Some programs are free; others are fee-based. Classes are located at Suburban Hospital unless otherwise noted. Advance registration and payment is required for all classes. For more information or to register, call 301-896-3939.

- *Stepping Out at Montgomery Mall*. Ongoing indoor walking club. Tuesdays and Thursdays, 7:30–9:30 a.m. Free.
- *Rise and Shine Walking Club*. Ongoing walking program at Lakeforest Mall in Gaithersburg. Wednesdays, 8:30–9:30 a.m. Free.
- *Cholesterol Screening*. Fingerstick method, no fasting required. Saturday, August 4, \$25. Call 301-896-3939 for an appointment.
- *Tummy Troubles: Information on Gastrointestinal Disorders*. Tuesday, August 7, 1:15–2:15 p.m., Holiday Park Community Center, 3950 Ferrara Drive, Wheaton, Maryland.
- *Glaucoma: Questions and Answers*. An ophthalmologist discusses signs, symptoms, and treatment of this eye disease. Thursday, August 9, 1–2 p.m., Rockville Senior Center, 1150 Carnation Drive, Rockville, Maryland.
- *An Update on Diabetes*. Blood glucose monitoring, medications, meal planning, and lifestyle changes to help manage this disease. Wednesday, August 15, 1–2 p.m., Friendship Heights Community Center, 4433 South Park Avenue, Chevy Chase, Maryland.
- *Life With Baby: Parenting Basics*. How to care for your newborn. Monday, August 20, 6:30–9:30 p.m., \$35 per couple.
- *CPR for Friends and Family*. For members of the general public who want to learn how to save a life. Tuesday, August 21, 6–10 p.m., \$35.
- *T'ai Chi for Seniors*. Exercise to help memory, coordination, and flexibility. Thursdays, August 3–September 20, 11 a.m.–noon.
- *Heartsaver CPR*. For people who require CPR credentials documenting course completion. Friday, August 24, 6–9 p.m.; Saturday, August 25, 9 a.m.–noon, \$45.
- *Safe Sitter*. Introducing 11- to 13-year-olds to the essentials of competent babysitting. August 28, 29, and 30, 9 a.m.–1 p.m., \$50.
- *Keeping Your Child Safe!* How to childproof your home and keep your children safe. Wednesday, August 29, 6:30–9:30 p.m., \$45.
- *Becoming Assertive: You're Worth It!* Learn to feel more confident. Thursdays, August 30–September 20, 7–9 p.m., \$45.

### 2001 Potomac Theatre Festival Spotlights British Plays

The British Invasion is the theme of the fourth annual Potomac Theatre Festival, which continues during August and September at the Olney Theatre Center (OTC). The festival—a yearly collaboration between OTC and the Potomac Theatre Project, OTC's alternative theater company in residence—focuses on works by British dramatists.

- *Plenty*, by David Hare, runs from August 1 to 26 in the Mulitz-Gudelsky Theatre Lab. This drama explores a woman's dying idealism in post-World War II Britain.
- *Blue Forest*, by Katherine Berry Swartz, will be presented from August 11 to 13 in the Mulitz-Gudelsky Theatre Lab. This new play examines the life of Viola White, an early 20th-century poet and eccentric.
- *The Real Thing*, by Tom Stoppard, will run on the OTC main stage from August 28 to September 30. This award-winning play examines a man's struggle to balance his personal and professional lives.

OTC is located at 2001 Olney-Sandy Spring Road in Olney, Maryland. For ticket information and directions, call 301-924-3400 or visit <http://www.olneytheatre.org>.

### Breast Cancer Symposium at Suburban

Suburban Hospital's third annual breast cancer symposium, *Living With Breast Cancer: Circles of Support*, will be held Saturday, September 8, 2001, from 9 a.m. to 2 p.m. in the hospital's conference center. The event will feature keynote speaker Susan Stamberg of National Public Radio, who is a breast cancer survivor. Breakout session topics will include hereditary breast cancer and genetic counseling, community-based support for minority groups, complementary/wellness approaches, exercise and weight loss, outdoor activities and weekend retreats, and faith-based healing communities.

The fee to attend the symposium is \$10; all proceeds will benefit the Suburban Breast Center. The deadline for registration is September 4. Early registration is recommended as seating is limited. For more information or a registration brochure, call 301-896-3939.

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## Summer Concerts Continue

The air is filled with the sounds of music as free summer concerts continue in August throughout Montgomery County.



### Downtown Bethesda

Enjoy free dance concerts Fridays from 6 to 9 p.m. in the Food Court of Bethesda Metro Center.

- August 10:** New Columbia Swing (Big Band)  
**August 24:** Full Circle (Interactive Variety Dance)

Music can also be heard at the Bethesda Row Fountain, at the corner of Woodmont and Bethesda Avenues, Sundays from noon to 2 p.m. ...

- August 5:** Ron Kronz Band (Contemporary Jazz)  
**August 19:** AJQ (Contemporary Jazz)  
**September 2:** Lambert & Gaylor (Soft Rock)

... and Wednesdays from 7 to 8 p.m.

- August 1:** Red Letter Day (Pop)  
**August 20:** Al Williams and Friends (Contemporary Jazz)

For more information, call 301-215-6660 or visit <http://www.bethesda.org>.

### Silver Spring Swings

Free concerts take place Thursdays at 7 p.m. at the corner of Georgia Avenue and Ellsworth Drive. Bring a picnic and a sand chair or low beach chair to sit on. Food vendors are on site. For more information, call 301-565-7300.

- August 2:** Midnight Movers (Motown)  
**August 9:** El Sabor DC (Salsa)  
**August 16:** The Tokens (Oldies)

### Summer Sounds in the Parks

There's still time to catch a couple of these free 7 p.m. concerts in Montgomery County parks. For more information, call 240-777-6821. In case of inclement weather, call after 3 p.m.

- August 1:** Squeeze Bayou (Cajun),  
Black Hills Regional Park  
**August 2:** Second Story (Blues/Folk),  
Wheaton Regional Park

### Kensington Park Library

Helen Day sings songs by American composers on Monday, August 13, at 7 p.m. The concert is free. The library is located at 4201 Knowles Avenue in Kensington, Maryland. For more information, call 301-897-2211.

### Strathmore Hall

Free concerts begin at 7:30 p.m. on the Gazebo Stage at the Strathmore Hall Arts Center. Bring beach chairs or blankets and make yourselves comfortable on the lawn. Dinner and ice cream will be for sale. No dogs are permitted on the grounds. Strathmore Hall is located at 10701 Rockville Pike in North Bethesda, Maryland. For more information, call 301-530-0540.

### Summer Sounds (Tuesdays)

- August 7:** Last Train Home (Country Rock)  
**August 14:** Bob Scott and the Stone Ridge Bluegrass Band  
**August 21:** U.S. Army Field Band and Jazz Ambassadors

### World Beats (Thursdays)

- August 3:** Mahala (South African "Township Jive")  
**August 9:** Viva Quetzal (Latin American)  
**August 16:** Chris Norman Band (Canadian Maritimes)  
**August 23:** Ramon Tasat (Spanish)

### New Season Opens at Round House Theatre

The Round House Theatre in Silver Spring opens its 2001–2002 season with *Problem Child*, by George F. Walker, which will be presented from September 5 to 30. This funny and poignant play focuses on the misadventures of a down-on-their-luck couple struggling through problems with the law and drugs. For ticket information and directions, call 301-933-1644 or visit <http://www.round-house.org>.

### Kensington Arts and Crafts Festival

The first annual Kensington Juried Arts and Crafts Festival will be held on Monday, September 3, 2001, as part of Kensington's annual Labor Day celebration. A wide variety of arts and crafts by neighborhood artists and craftspersons will be on view and for sale. The festival takes place from 11 a.m. to 3 p.m. at St. Paul's United Methodist Church at 10401 Armory Avenue. Admission is free. For more information, call 301-946-3804.

## TRY THIS WEB SITE:

<http://aidshistory.nih.gov>

What does a new and deadly epidemic look like? How do you care for a patient with a mysterious illness? How do you investigate the cause of a new disease and find ways to treat and prevent it? *In Their Own Words* is a new Web site that provides NIH researchers' answers to these questions as they recall the early days of the HIV/AIDS pandemic 20 years ago. The first two AIDS patients admitted to the NIH Clinical Center arrived in June 1981 and January 1982; many more soon followed. The patients were very sick and, despite the best efforts of NIH's doctors and nurses, most of them eventually died. Many of NIH's top scientists joined the fight to better understand this devastating new disease that ravaged the immune system and to devise ways to treat it. The Web site presents the story with extensive quotes from researchers as well as documents, images, animation, and links to other AIDS-related Web sites.

## VOLUNTEER OPPORTUNITIES

### Crohn's Disease Study

If you are age 18 or older and Crohn's disease is disrupting your life, consider taking part in a research study of a potential new treatment for this condition. This is the first of many planned studies to help NIH scientists improve treatment for inflammatory bowel diseases. The study is taking place at the NIH Clinical Center in Bethesda. There is no charge for study-related tests and medicine. NIH will reimburse patients admitted to the study for travel and lodging expenses. Please call 1-800-411-1222 for more information, or visit <http://www.cc.nih.gov>.

### Pelvic Pain Relief Study

Women with endometriosis are sought for a study of the effectiveness of the drug raloxifene (Evista™) in reducing pain from this disease. Surgical treatment is combined with either raloxifene or a placebo (sugar pill). The study is free and takes place at the NIH Clinical Center in Bethesda. Please call 1-800-411-1222 for more information, or visit <http://www.cc.nih.gov>.

*The OCL Update is available on our Web site at <http://ocl.od.nih.gov/>. If you would rather view this document online and not receive a printed version, please contact the OCL office at 301-496-3931 or send us an e-mail at [jh69z@nih.gov](mailto:jh69z@nih.gov). If you would like to list an upcoming event of interest to the local community, call Terry LaMotte at Palladian Partners, OCL support contractor, at 301-650-8660, or e-mail at [tlamotte@palladianpartners.com](mailto:tlamotte@palladianpartners.com).*

### Office of Community Liaison

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